1  
00:00:03,480 --> 00:00:03,840  
好了  
  
2  
00:00:04,120 --> 00:00:05,480  
各位同学  
  
3  
00:00:06,280 --> 00:00:07,960  
各位同道  
  
4  
00:00:08,520 --> 00:00:11,120  
咱们接着讲咱们的金匮要略  
  
5  
00:00:12,500 --> 00:00:13,260  
上次课呢  
  
6  
00:00:13,340 --> 00:00:17,300  
咱们讲了静失业的第一部分，静病啊  
  
7  
00:00:17,380 --> 00:00:20,460  
那么三言两语把前头内容串一串  
  
8  
00:00:21,200 --> 00:00:25,160  
所谓静病呢，是太阳寒水为病的一种方式  
  
9  
00:00:25,500 --> 00:00:27,860  
它并不按六经传变的规律走  
  
10  
00:00:28,340 --> 00:00:28,980  
但是呢  
  
11  
00:00:29,340 --> 00:00:32,420  
它是介于外感和脏腑官窍的内伤  
  
12  
00:00:32,420 --> 00:00:34,700  
杂病之间的这么一个产物  
  
13  
00:00:35,330 --> 00:00:38,450  
主要的病理病机无非是太阳寒水为病  
  
14  
00:00:38,650 --> 00:00:42,060  
造成津液的运化不及啊  
  
15  
00:00:42,060 --> 00:00:43,180  
津液到不了这儿  
  
16  
00:00:43,460 --> 00:00:47,460  
以至于血虚津燥出现了种种病机  
  
17  
00:00:47,850 --> 00:00:50,850  
它的制法三种在这呢，不再赘述  
  
18  
00:00:52,060 --> 00:00:52,900  
那么今天呢  
  
19  
00:00:52,900 --> 00:00:55,860  
我们讲的是另一个主题啊  
  
20  
00:00:55,860 --> 00:00:56,740  
也就是诗  
  
21  
00:01:06,580 --> 00:01:09,740  
自然界中的六气之一啊  
  
22  
00:01:09,820 --> 00:01:14,220  
那么在风火暑湿燥寒中位居太阴之位啊  
  
23  
00:01:14,260 --> 00:01:15,020  
太阴湿土  
  
24  
00:01:15,800 --> 00:01:17,000  
呃，这个字呢  
  
25  
00:01:17,040 --> 00:01:18,640  
现在有的时候临床上啊  
  
26  
00:01:19,360 --> 00:01:21,960  
呃，不敢轻易跟老百姓聊啊  
  
27  
00:01:22,360 --> 00:01:25,810  
咱门诊上除了一些可能确实有病的患者啊  
  
28  
00:01:26,170 --> 00:01:28,960  
那么也有一些我个人认为啊  
  
29  
00:01:29,040 --> 00:01:30,320  
总有每天都有啊  
  
30  
00:01:30,320 --> 00:01:32,960  
这种养生保健爱好者挂上号了，来了  
  
31  
00:01:33,320 --> 00:01:34,280  
他可能没啥大病  
  
32  
00:01:34,280 --> 00:01:35,960  
这呃，当然也可能有问题啊  
  
33  
00:01:36,120 --> 00:01:38,310  
但在我看来没啥大病，呃  
  
34  
00:01:38,950 --> 00:01:40,190  
但是他也难受，对吧  
  
35  
00:01:40,270 --> 00:01:41,510  
这不舒服那不舒服  
  
36  
00:01:41,510 --> 00:01:45,280  
或者一一看呃片子也有点结节什么的  
  
37  
00:01:45,280 --> 00:01:47,370  
就是他觉得很麻烦  
  
38  
00:01:47,650 --> 00:01:49,570  
之后这这类患者呢  
  
39  
00:01:49,570 --> 00:01:51,530  
往往有的时候饱读诗书啊  
  
40  
00:01:51,530 --> 00:01:53,370  
他也经常上网啊  
  
41  
00:01:53,410 --> 00:01:55,070  
百度也老看啊  
  
42  
00:01:55,070 --> 00:01:56,830  
之后见面就问我  
  
43  
00:01:56,830 --> 00:01:58,430  
大夫，你看我湿气重不重啊  
  
44  
00:01:58,430 --> 00:02:02,930  
这个，这个绝对是呃经常见到的问题之一啊  
  
45  
00:02:03,350 --> 00:02:04,830  
这时候就不好解释啊  
  
46  
00:02:04,830 --> 00:02:05,830  
不好解释怎么办呢  
  
47  
00:02:05,830 --> 00:02:07,190  
干脆咱们今天讲节课吧  
  
48  
00:02:07,190 --> 00:02:09,310  
这个问题好好好好掰扯掰扯啊  
  
49  
00:02:09,310 --> 00:02:10,590  
那什么叫真正的诗  
  
50  
00:02:11,510 --> 00:02:13,910  
呃，金匮要略之中的静师耶  
  
51  
00:02:14,070 --> 00:02:16,230  
那么他说的一定是玄门正宗啊  
  
52  
00:02:16,390 --> 00:02:18,480  
讲这么一个问题，呃  
  
53  
00:02:18,640 --> 00:02:21,040  
我们还是借条文来说事  
  
54  
00:02:21,040 --> 00:02:22,280  
儿大家看一下啊  
  
55  
00:02:22,840 --> 00:02:27,930  
静失业脉证第14条开篇开宗明义  
  
56  
00:02:28,330 --> 00:02:31,050  
讲了这个师壁的问题啊  
  
57  
00:02:31,050 --> 00:02:33,090  
他这说了关键词师必  
  
58  
00:02:34,200 --> 00:02:35,320  
那么B是什么啊  
  
59  
00:02:35,840 --> 00:02:37,400  
B就是不通的意思，对不对啊  
  
60  
00:02:37,400 --> 00:02:39,400  
就到这之后谁不通了  
  
61  
00:02:40,000 --> 00:02:43,040  
气血元真走到这就走不过去了吧  
  
62  
00:02:43,520 --> 00:02:45,880  
那么这个壁是被被谁给闭住了呢  
  
63  
00:02:46,790 --> 00:02:48,230  
那被湿给逼住了啊  
  
64  
00:02:48,430 --> 00:02:49,710  
他是被湿气逼住了  
  
65  
00:02:50,490 --> 00:02:53,610  
呃，闭住了之后什么现象啊  
  
66  
00:02:53,610 --> 00:02:55,330  
他怎么一个状态  
  
67  
00:02:55,810 --> 00:02:57,410  
用原文来说，太阳病  
  
68  
00:02:58,330 --> 00:03:00,290  
关节疼痛而烦啊  
  
69  
00:03:00,290 --> 00:03:01,730  
我们看一下这几个字啊  
  
70  
00:03:02,490 --> 00:03:05,000  
首先我们说关节啊  
  
71  
00:03:05,000 --> 00:03:06,000  
关节是啥地方啊  
  
72  
00:03:06,600 --> 00:03:09,400  
那么筋骨之间相连接之处  
  
73  
00:03:09,880 --> 00:03:13,040  
呃，那么为什么是这个地方疼痛而烦呢  
  
74  
00:03:13,320 --> 00:03:14,240  
它原因很简单  
  
75  
00:03:14,320 --> 00:03:17,830  
我们知道邪之所凑，其气必虚啊  
  
76  
00:03:18,110 --> 00:03:19,270  
那非常简单一个道理  
  
77  
00:03:19,590 --> 00:03:20,630  
你你往往啊  
  
78  
00:03:21,150 --> 00:03:23,810  
那咱们这个这个就是  
  
79  
00:03:23,810 --> 00:03:26,250  
比如说咱们看见一个树枝啊  
  
80  
00:03:26,250 --> 00:03:27,330  
咱们撅一下是吧  
  
81  
00:03:27,690 --> 00:03:30,010  
也是哪个地方比较容易撅折呢  
  
82  
00:03:31,000 --> 00:03:33,440  
是不是也是关节相连接的地方啊  
  
83  
00:03:34,320 --> 00:03:38,560  
这个地方既是它气血通汇之处啊  
  
84  
00:03:39,280 --> 00:03:41,400  
元气游行出入的这个交接之处  
  
85  
00:03:41,760 --> 00:03:44,640  
那么它在交接转环的时候，必然呢  
  
86  
00:03:44,840 --> 00:03:48,210  
它也不会如固若金汤一样啊  
  
87  
00:03:48,250 --> 00:03:51,410  
一个整板，它也是比较容易活动的啊  
  
88  
00:03:51,450 --> 00:03:52,730  
气血出入在此  
  
89  
00:03:52,940 --> 00:03:54,980  
那么邪气出入依然在此啊  
  
90  
00:03:54,980 --> 00:03:56,580  
那么邪气容易刻在关节上  
  
91  
00:03:57,230 --> 00:03:59,190  
关节疼痛那疼痛啥原因  
  
92  
00:03:59,430 --> 00:04:02,590  
我们说无非不通，不容之状态啊  
  
93  
00:04:02,710 --> 00:04:04,350  
无非气血之有余不及  
  
94  
00:04:04,720 --> 00:04:05,920  
邪气有余啊  
  
95  
00:04:05,960 --> 00:04:07,760  
正气之不及无非是这样  
  
96  
00:04:08,190 --> 00:04:08,390  
呃  
  
97  
00:04:08,430 --> 00:04:11,430  
它的脉的特点，我们说脉沉而细  
  
98  
00:04:11,750 --> 00:04:14,190  
另一个版本呢，还有说是缓啊  
  
99  
00:04:14,310 --> 00:04:15,150  
那么无所谓  
  
100  
00:04:15,430 --> 00:04:17,610  
我们讲这个，从变卖法来说  
  
101  
00:04:17,970 --> 00:04:20,170  
大福寿东华，此名阳也  
  
102  
00:04:20,800 --> 00:04:22,440  
辰色弱咸微此明阴  
  
103  
00:04:22,760 --> 00:04:24,040  
他都是什么症啊  
  
104  
00:04:24,040 --> 00:04:24,840  
阴症啊  
  
105  
00:04:24,920 --> 00:04:27,080  
血气正常的阳气不足了  
  
106  
00:04:27,400 --> 00:04:29,230  
造成这么一个问题，脉呢  
  
107  
00:04:29,230 --> 00:04:30,670  
他就是为了说事，对吧  
  
108  
00:04:30,830 --> 00:04:31,030  
沉  
  
109  
00:04:31,190 --> 00:04:33,870  
那么就是说这个已经是不是一个可能  
  
110  
00:04:33,870 --> 00:04:34,910  
不单是一个外感病  
  
111  
00:04:35,110 --> 00:04:36,430  
它涉及到内伤的问题  
  
112  
00:04:36,700 --> 00:04:37,100  
气呢  
  
113  
00:04:37,300 --> 00:04:38,860  
气血之不足，正气不足  
  
114  
00:04:39,340 --> 00:04:40,780  
邪气就有余了啊  
  
115  
00:04:40,820 --> 00:04:41,740  
说这么一个问题  
  
116  
00:04:42,180 --> 00:04:44,860  
此名势必呃之后呢  
  
117  
00:04:45,510 --> 00:04:46,550  
他分别从那个  
  
118  
00:04:46,710 --> 00:04:51,150  
不但是从症状和脉象上给你讲了石壁的这个事啊  
  
119  
00:04:51,830 --> 00:04:54,270  
那么又从后头的一个转归啊  
  
120  
00:04:54,310 --> 00:04:56,510  
讲这么一个问题，势必之后怎么样呢  
  
121  
00:04:57,850 --> 00:04:59,930  
小便不利，大便反快  
  
122  
00:05:00,570 --> 00:05:02,130  
但当利其小便  
  
123  
00:05:02,770 --> 00:05:04,130  
哎，这句话非常有意思  
  
124  
00:05:04,650 --> 00:05:07,050  
那么我们知道湿，它呢  
  
125  
00:05:07,650 --> 00:05:09,050  
其形虽然弥散  
  
126  
00:05:09,570 --> 00:05:12,770  
但是呢，类同于水液啊  
  
127  
00:05:12,770 --> 00:05:13,490  
类同于阴液  
  
128  
00:05:13,850 --> 00:05:17,280  
那么阴液，通常我们说走小便还是走大便啊  
  
129  
00:05:17,800 --> 00:05:19,680  
他肯定由小便而走，膀胱者  
  
130  
00:05:19,760 --> 00:05:21,930  
州都之官，津液藏焉啊  
  
131  
00:05:22,010 --> 00:05:22,850  
气化则能出  
  
132  
00:05:22,890 --> 00:05:25,610  
那么肯定是从前头走三焦水道  
  
133  
00:05:25,610 --> 00:05:28,370  
那么最后也秽于膀胱，从这走  
  
134  
00:05:28,810 --> 00:05:32,210  
但是呢，现在分明体内有湿气  
  
135  
00:05:32,530 --> 00:05:34,890  
那么水也走的不通畅  
  
136  
00:05:35,130 --> 00:05:36,370  
那么就证明一个问题啊  
  
137  
00:05:37,290 --> 00:05:37,570  
呃  
  
138  
00:05:38,410 --> 00:05:40,290  
我经常喜欢这么取类比象  
  
139  
00:05:40,870 --> 00:05:43,670  
那么有的人就问我说，那湿气这么旺  
  
140  
00:05:43,870 --> 00:05:45,110  
体内还能缺水吗  
  
141  
00:05:45,750 --> 00:05:47,150  
我就说一非常简单的事  
  
142  
00:05:47,150 --> 00:05:49,300  
你比如说清朝末年啊  
  
143  
00:05:49,340 --> 00:05:52,580  
你到任何一个衙门，你看看不缺人  
  
144  
00:05:53,690 --> 00:05:57,930  
哪个部门十几人20几人上百人，但是活干不完  
  
145  
00:05:58,570 --> 00:05:59,970  
为什么冗员  
  
146  
00:06:00,910 --> 00:06:01,550  
我们讲啊  
  
147  
00:06:01,550 --> 00:06:03,800  
这个水分阴阳人体之阳  
  
148  
00:06:03,800 --> 00:06:05,440  
水是能气化之水，对吧  
  
149  
00:06:05,600 --> 00:06:07,760  
它是归你身体的循环序列走的  
  
150  
00:06:08,040 --> 00:06:10,640  
但是如果是不归身体循环系列的  
  
151  
00:06:10,840 --> 00:06:11,920  
它这个叫什么水呢  
  
152  
00:06:12,560 --> 00:06:14,000  
就是所谓的阴水  
  
153  
00:06:17,420 --> 00:06:20,730  
所以我们这个诗说的是阴水  
  
154  
00:06:21,130 --> 00:06:24,930  
你千万不要把它当成人体正常的精液  
  
155  
00:06:24,970 --> 00:06:27,010  
那么去看，那就坏了  
  
156  
00:06:27,530 --> 00:06:28,810  
那犯了一个啥病啊  
  
157  
00:06:29,410 --> 00:06:31,530  
西游记里头唐僧好犯这么一个病  
  
158  
00:06:31,690 --> 00:06:33,330  
叫不识妖性，对吧  
  
159  
00:06:33,330 --> 00:06:35,050  
你把妖当人这么看啊  
  
160  
00:06:35,050 --> 00:06:36,090  
觉得他也有悔过  
  
161  
00:06:36,090 --> 00:06:38,050  
那时候不是一类啊  
  
162  
00:06:38,610 --> 00:06:39,290  
不是一类  
  
163  
00:06:39,530 --> 00:06:41,570  
你不要按你你这类去理解它  
  
164  
00:06:41,810 --> 00:06:44,850  
那么这个湿气是你，是你一般情况下  
  
165  
00:06:45,770 --> 00:06:46,810  
你争取不过来的  
  
166  
00:06:46,890 --> 00:06:48,050  
它已经是阴水了  
  
167  
00:06:48,330 --> 00:06:50,290  
所以这个时候需从小便而走  
  
168  
00:06:51,130 --> 00:06:53,130  
但是小便走不出去  
  
169  
00:06:53,610 --> 00:06:54,810  
那么则怎么办啊  
  
170  
00:06:54,810 --> 00:06:56,250  
我们说讲水往低处流嘛  
  
171  
00:06:56,450 --> 00:06:59,210  
从小便出不去，那么必然自下利  
  
172  
00:06:59,540 --> 00:07:00,740  
咱们上节课不是讲过吗  
  
173  
00:07:01,060 --> 00:07:03,910  
呃，伤寒论葛根汤条说过这个问题  
  
174  
00:07:03,910 --> 00:07:05,590  
太阳与阳明合病者必自下列  
  
175  
00:07:05,710 --> 00:07:06,470  
那为啥呀  
  
176  
00:07:06,710 --> 00:07:10,110  
那不就是因为太阳的那葛根汤是不是走太阳啊  
  
177  
00:07:10,470 --> 00:07:13,350  
那么太阳的含水正常的序列它不走  
  
178  
00:07:13,710 --> 00:07:16,350  
它一定是往往大肠而去  
  
179  
00:07:16,780 --> 00:07:19,740  
从大城而走，就非常简单一个事儿呃  
  
180  
00:07:20,110 --> 00:07:21,310  
我爷爷呢  
  
181  
00:07:21,950 --> 00:07:25,830  
呃，也是经历过过去这个中华民国  
  
182  
00:07:26,830 --> 00:07:28,540  
包括伪满洲国啊，这  
  
183  
00:07:28,740 --> 00:07:29,780  
这这都经历过  
  
184  
00:07:30,060 --> 00:07:31,100  
我爷跟我讲啊  
  
185  
00:07:31,560 --> 00:07:35,000  
说他们小的时候不怕打仗啊  
  
186  
00:07:35,000 --> 00:07:36,600  
就是说兵来了没事，儿  
  
187  
00:07:36,720 --> 00:07:37,720  
你知道怕什么吗  
  
188  
00:07:38,330 --> 00:07:40,690  
怕溃兵，败兵  
  
189  
00:07:40,690 --> 00:07:42,410  
这兵打败了，从下头下来  
  
190  
00:07:42,690 --> 00:07:43,450  
这个叫什么  
  
191  
00:07:43,530 --> 00:07:44,330  
这叫阴水  
  
192  
00:07:44,810 --> 00:07:45,290  
明白吧  
  
193  
00:07:45,490 --> 00:07:46,570  
阳水是有序的  
  
194  
00:07:46,730 --> 00:07:47,890  
是有阳气支配的  
  
195  
00:07:47,890 --> 00:07:48,930  
阴水是无序的  
  
196  
00:07:49,250 --> 00:07:50,290  
阳气支配不了  
  
197  
00:07:50,670 --> 00:07:51,710  
因此我们说呢  
  
198  
00:07:52,070 --> 00:07:56,430  
呃，非常简单的一个例子就是阴阳水之间的区别是什么  
  
199  
00:07:56,820 --> 00:07:59,800  
有真气的水就称之为羊水啊  
  
200  
00:08:00,080 --> 00:08:03,040  
能以真气为用，这个就称为羊水  
  
201  
00:08:03,200 --> 00:08:05,040  
那么真气闭阻不通  
  
202  
00:08:05,080 --> 00:08:08,020  
我们讲闭就是什么闭塞之意吗  
  
203  
00:08:08,220 --> 00:08:09,460  
他真气走不到那了  
  
204  
00:08:09,620 --> 00:08:11,020  
那这个就是阴水啊  
  
205  
00:08:11,020 --> 00:08:12,460  
那么证明湿也是这个问题  
  
206  
00:08:12,820 --> 00:08:13,540  
所以怎么办  
  
207  
00:08:13,900 --> 00:08:15,250  
怎么能够啊  
  
208  
00:08:15,250 --> 00:08:18,690  
这是讲了一个湿病的治疗原则之一啊  
  
209  
00:08:19,090 --> 00:08:22,170  
那么怎么能够让这个阴水转化为阳水呢  
  
210  
00:08:23,540 --> 00:08:24,620  
仲景先生说了一句话  
  
211  
00:08:24,780 --> 00:08:25,860  
担当怎么样  
  
212  
00:08:27,760 --> 00:08:31,760  
利其什么小便哎，这话熟不熟啊  
  
213  
00:08:34,140 --> 00:08:38,780  
清代温病大家叶天士先生说过一句话，怎么讲  
  
214  
00:08:39,940 --> 00:08:42,590  
通阳不在问  
  
215  
00:08:42,710 --> 00:08:44,790  
而在什么利小便  
  
216  
00:08:45,310 --> 00:08:46,950  
此句虽然啊，我们讲啊  
  
217  
00:08:46,950 --> 00:08:47,630  
惊为天人  
  
218  
00:08:47,870 --> 00:08:49,430  
但是其肇始之初  
  
219  
00:08:50,110 --> 00:08:53,470  
源头之活水从金匮而来啊  
  
220  
00:08:53,790 --> 00:08:54,870  
这个不是我说的  
  
221  
00:08:54,870 --> 00:08:56,750  
这个大家都能看得很清楚  
  
222  
00:08:57,350 --> 00:09:01,440  
所以说我们为什么我们说毒伤寒毒金匮啊  
  
223  
00:09:02,320 --> 00:09:04,480  
做学问要学有本末  
  
224  
00:09:04,600 --> 00:09:05,600  
事有终始啊  
  
225  
00:09:05,600 --> 00:09:08,160  
那么要知道他的本史是从哪儿来  
  
226  
00:09:08,570 --> 00:09:10,250  
呃，但这个东西又从哪来呢  
  
227  
00:09:10,250 --> 00:09:13,260  
我们说，伤寒金匮发明内经奥制啊  
  
228  
00:09:13,580 --> 00:09:14,980  
咱们只是说内经难读  
  
229  
00:09:15,060 --> 00:09:16,220  
我们通过伤寒金匮  
  
230  
00:09:16,380 --> 00:09:17,620  
我们一定要理解一个事  
  
231  
00:09:17,620 --> 00:09:20,980  
我们是去体会内经的它的内涵啊  
  
232  
00:09:21,220 --> 00:09:23,980  
通过小便的气化，调动三焦  
  
233  
00:09:24,420 --> 00:09:26,320  
调动足太阳膀胱啊  
  
234  
00:09:26,320 --> 00:09:27,880  
那么使其阳气呢  
  
235  
00:09:27,960 --> 00:09:29,040  
以运化于周身  
  
236  
00:09:29,320 --> 00:09:31,560  
那么这个时候人啊，就从这种病态  
  
237  
00:09:31,800 --> 00:09:32,840  
你运化不了它吗  
  
238  
00:09:33,080 --> 00:09:34,120  
到你能运化它  
  
239  
00:09:34,480 --> 00:09:36,680  
那不就是增益其所不能  
  
240  
00:09:36,800 --> 00:09:39,160  
你不就是从病人变成正常人了吗  
  
241  
00:09:39,360 --> 00:09:40,120  
就讲这个道理  
  
242  
00:09:40,120 --> 00:09:43,300  
什么叫病人就是不能的，人就是病人  
  
243  
00:09:43,940 --> 00:09:46,900  
什么是常人啊，就是能的人是这道理吧  
  
244  
00:09:47,260 --> 00:09:48,020  
你什么都行  
  
245  
00:09:48,140 --> 00:09:49,260  
那你不就是常人吗  
  
246  
00:09:49,810 --> 00:09:50,010  
啊  
  
247  
00:09:50,010 --> 00:09:51,290  
哪儿不行，哪儿得病了  
  
248  
00:09:51,610 --> 00:09:51,850  
哎  
  
249  
00:09:51,850 --> 00:09:53,570  
无非是这么一个道理  
  
250  
00:09:54,560 --> 00:09:57,400  
呃，那么后头说一个事特别有意思啊  
  
251  
00:09:57,440 --> 00:09:59,120  
这个我是挺感兴趣的  
  
252  
00:10:00,050 --> 00:10:01,170  
有的时候被人忽视  
  
253  
00:10:01,730 --> 00:10:03,290  
世家治未病，一身尽疼  
  
254  
00:10:03,370 --> 00:10:05,810  
这个疼呢，在这不再赘述啊  
  
255  
00:10:05,810 --> 00:10:08,050  
我们讲无非是阴气闭阻，阳气  
  
256  
00:10:08,520 --> 00:10:11,400  
当然也有一个版本传本说这个叫凡  
  
257  
00:10:11,990 --> 00:10:14,030  
你记住诗里头就两个关键字  
  
258  
00:10:14,030 --> 00:10:14,990  
一个是疼，一个是烦  
  
259  
00:10:15,430 --> 00:10:15,630  
啊  
  
260  
00:10:15,630 --> 00:10:17,110  
未来我们讲这个麻黄加猪汤  
  
261  
00:10:17,150 --> 00:10:18,950  
我们都会说到这个问题啊  
  
262  
00:10:19,570 --> 00:10:21,850  
烦扰之后说一事  
  
263  
00:10:23,050 --> 00:10:25,530  
发热，身色如什么呢  
  
264  
00:10:26,490 --> 00:10:27,090  
熏黄  
  
265  
00:10:33,600 --> 00:10:37,480  
发热身色如熏黄，这个很多人啊  
  
266  
00:10:37,480 --> 00:10:38,840  
在这儿就忽视了  
  
267  
00:10:38,840 --> 00:10:42,360  
但是我个人觉得非常重要啊  
  
268  
00:10:42,640 --> 00:10:47,000  
非常重要，涉及到了不光是诗的一个问题啊  
  
269  
00:10:47,280 --> 00:10:49,120  
而且涉及到一个啥事呢  
  
270  
00:10:49,680 --> 00:10:51,430  
就是黄疸病  
  
271  
00:10:53,430 --> 00:10:54,870  
而且不光涉及到狂犬病  
  
272  
00:10:55,070 --> 00:10:57,150  
还涉及到了我们中医本源的一个事  
  
273  
00:10:57,530 --> 00:10:58,810  
关于这次课怎么讲啊  
  
274  
00:10:58,810 --> 00:10:59,970  
我也是一边在讲呢  
  
275  
00:10:59,970 --> 00:11:02,730  
一边在想调整我的思路  
  
276  
00:11:03,230 --> 00:11:04,430  
呃，就是昨天晚上呢  
  
277  
00:11:04,430 --> 00:11:06,950  
我还跟我的一些朋友啊，我在交流这个事  
  
278  
00:11:07,230 --> 00:11:10,550  
我说这个我们72学时，我是讲全本啊  
  
279  
00:11:10,840 --> 00:11:12,760  
还是说我们择其重点已归类  
  
280  
00:11:12,880 --> 00:11:13,840  
然后，呃  
  
281  
00:11:14,120 --> 00:11:15,240  
主方类方，对吧  
  
282  
00:11:15,240 --> 00:11:16,850  
按照这个主线讲  
  
283  
00:11:17,370 --> 00:11:18,570  
呃，后来呢  
  
284  
00:11:19,010 --> 00:11:19,810  
我妻子啊  
  
285  
00:11:20,250 --> 00:11:21,930  
呃，就跟我说这么一个事  
  
286  
00:11:21,930 --> 00:11:23,770  
儿说，你要是第一次讲啊  
  
287  
00:11:23,770 --> 00:11:24,890  
你一定要讲全本  
  
288  
00:11:25,410 --> 00:11:26,290  
说为什么呢  
  
289  
00:11:26,750 --> 00:11:28,390  
说之所以全本治不讲  
  
290  
00:11:28,870 --> 00:11:30,510  
那么才是有的时候  
  
291  
00:11:30,510 --> 00:11:33,590  
好多我们的同仁一起聊这个的时候  
  
292  
00:11:33,870 --> 00:11:37,980  
他难得其全，体难得其全用的原因  
  
293  
00:11:38,710 --> 00:11:39,870  
因为任何一个概念  
  
294  
00:11:39,870 --> 00:11:40,630  
包括任何一个方  
  
295  
00:11:40,750 --> 00:11:43,150  
你虽然用它的时候得到了甜头  
  
296  
00:11:43,590 --> 00:11:47,570  
但是当你不从整体去看这个事的时候  
  
297  
00:11:47,570 --> 00:11:52,550  
他的孤立存在，你难得其你难尽其性啊  
  
298  
00:11:52,630 --> 00:11:54,150  
难得尽其性这个事  
  
299  
00:11:54,510 --> 00:11:55,750  
其实这个道理很简单  
  
300  
00:11:55,990 --> 00:11:56,910  
而且你相信啊  
  
301  
00:11:57,030 --> 00:12:00,360  
仲景老先生，他那个时候稿费也挺贵的啊  
  
302  
00:12:00,360 --> 00:12:02,650  
一个字也也挺费劲的，呃  
  
303  
00:12:02,690 --> 00:12:03,730  
他不会说废话  
  
304  
00:12:03,850 --> 00:12:06,730  
那么这里头之所以它有铺垫，一定有原因  
  
305  
00:12:06,810 --> 00:12:09,090  
我们只是能把它讲成什么样  
  
306  
00:12:09,130 --> 00:12:12,250  
我们就我也是人尽其才，物尽其用啊  
  
307  
00:12:12,450 --> 00:12:14,010  
争取把它都说清楚  
  
308  
00:12:14,280 --> 00:12:17,080  
那么这个里头其实藏着一个非常大的事  
  
309  
00:12:17,120 --> 00:12:20,560  
也就是中国古人对人和疾病的一个认识观  
  
310  
00:12:21,050 --> 00:12:21,890  
我们今天啊  
  
311  
00:12:21,890 --> 00:12:23,650  
由于我们西学东坚，先入为主  
  
312  
00:12:23,850 --> 00:12:25,130  
不用说，我们大夫老百姓  
  
313  
00:12:25,130 --> 00:12:28,500  
你随便在街头上，你问他黄疸怎么来的  
  
314  
00:12:28,740 --> 00:12:30,020  
当然是胆汁来的嘛  
  
315  
00:12:30,020 --> 00:12:30,340  
对吧  
  
316  
00:12:30,660 --> 00:12:31,140  
呵呵  
  
317  
00:12:31,260 --> 00:12:32,420  
这里头就好玩了啊  
  
318  
00:12:32,780 --> 00:12:34,500  
那么这个胆汁啊  
  
319  
00:12:36,560 --> 00:12:37,400  
就有意思了  
  
320  
00:12:37,710 --> 00:12:39,430  
那么我在早些年啊  
  
321  
00:12:39,550 --> 00:12:41,230  
临证的时候我不懂这个道理  
  
322  
00:12:41,230 --> 00:12:41,750  
当时呢  
  
323  
00:12:41,750 --> 00:12:44,190  
曾经有一个议案，我印象特别深  
  
324  
00:12:44,190 --> 00:12:45,110  
治了一个傻病啊  
  
325  
00:12:45,110 --> 00:12:45,910  
换句话说  
  
326  
00:12:46,260 --> 00:12:46,460  
呃  
  
327  
00:12:46,540 --> 00:12:50,490  
13年好像我记得1314年那股劲儿，呃  
  
328  
00:12:50,570 --> 00:12:51,330  
治了这么一个病  
  
329  
00:12:51,330 --> 00:12:52,290  
一个失败案例啊  
  
330  
00:12:52,290 --> 00:12:54,730  
一个先天性胆道闭锁症的一个婴儿  
  
331  
00:12:55,280 --> 00:12:56,440  
呃，他家里人呢  
  
332  
00:12:56,920 --> 00:12:57,120  
呃  
  
333  
00:12:57,480 --> 00:12:59,200  
是我的患者，在我这呢  
  
334  
00:13:00,100 --> 00:13:02,020  
得得志而而全啊  
  
335  
00:13:02,020 --> 00:13:02,740  
效果还不错  
  
336  
00:13:03,060 --> 00:13:04,580  
对我呢，也是信任啊  
  
337  
00:13:04,660 --> 00:13:06,070  
性命相托，呃  
  
338  
00:13:06,070 --> 00:13:06,790  
这小孩呢  
  
339  
00:13:06,790 --> 00:13:08,590  
当然我们知道这病本身也难治  
  
340  
00:13:09,070 --> 00:13:11,850  
但是我经过几经努力啊  
  
341  
00:13:11,850 --> 00:13:12,770  
最终是失败了  
  
342  
00:13:12,770 --> 00:13:13,330  
小孩呢  
  
343  
00:13:13,410 --> 00:13:17,730  
在我治了不到一年时间，那么撒手人寰啊  
  
344  
00:13:17,850 --> 00:13:19,010  
夭折，呃  
  
345  
00:13:19,130 --> 00:13:22,770  
我是非常的，也也非常难过  
  
346  
00:13:23,630 --> 00:13:26,570  
直到后来反复读了伤寒论  
  
347  
00:13:26,970 --> 00:13:28,370  
真的就是读了伤寒论之后  
  
348  
00:13:28,730 --> 00:13:32,450  
有一天啊，我就恨不得自己撤自己嘴巴啊  
  
349  
00:13:32,450 --> 00:13:36,630  
为什么当时就就突然明白幡然悔悟一个道理  
  
350  
00:13:37,230 --> 00:13:41,590  
我是一直被这个胆汁这个问题啊给锁住了  
  
351  
00:13:42,270 --> 00:13:43,390  
你明白这个事了吗  
  
352  
00:13:43,750 --> 00:13:47,710  
就是我们中医其实我们真正的优点在哪  
  
353  
00:13:48,110 --> 00:13:50,230  
不在于有形之气质  
  
354  
00:13:51,160 --> 00:13:52,520  
也就是我们说组织胚胎  
  
355  
00:13:52,600 --> 00:13:53,680  
那不是我们的优点  
  
356  
00:13:53,920 --> 00:13:56,520  
我们中医真正的精髓在于精气神  
  
357  
00:13:57,820 --> 00:13:59,700  
你过度的去关注他的气质  
  
358  
00:14:00,660 --> 00:14:03,430  
气质啊和组织胚胎层面的事，儿  
  
359  
00:14:03,740 --> 00:14:05,820  
你必然就把精气神的东西给丢了  
  
360  
00:14:05,820 --> 00:14:07,060  
因为我我脑袋里头  
  
361  
00:14:07,060 --> 00:14:09,900  
他那个胆道闭锁这事一直在我脑袋里头啊  
  
362  
00:14:10,150 --> 00:14:11,630  
所以我一直在想怎么去通  
  
363  
00:14:11,710 --> 00:14:12,270  
怎么去通  
  
364  
00:14:12,270 --> 00:14:14,320  
怎么去疏泄他的胆汁  
  
365  
00:14:14,640 --> 00:14:16,520  
最后我突然之间发生回悟  
  
366  
00:14:16,520 --> 00:14:19,640  
中医的认识思维整个跟西医是两个字的  
  
367  
00:14:20,470 --> 00:14:21,750  
我问你非常简单一个事  
  
368  
00:14:22,070 --> 00:14:22,990  
张仲景医术高  
  
369  
00:14:23,190 --> 00:14:25,470  
他知道黄疸是胆汁外溢吗  
  
370  
00:14:27,740 --> 00:14:29,140  
但是我说一句非常简单的道理  
  
371  
00:14:29,140 --> 00:14:30,340  
他不用知道这个事  
  
372  
00:14:30,620 --> 00:14:33,140  
为什么我们中医另一套思维  
  
373  
00:14:33,940 --> 00:14:36,870  
也就是我打一个不恰当的比方啊  
  
374  
00:14:36,870 --> 00:14:38,870  
这个比当比方可能很不恰当  
  
375  
00:14:39,350 --> 00:14:42,110  
也就是说从长春到北京可能过一座大桥  
  
376  
00:14:42,790 --> 00:14:46,160  
如果你要是你要是这个长途汽车司机  
  
377  
00:14:46,160 --> 00:14:47,360  
你必须得知道这个桥  
  
378  
00:14:48,160 --> 00:14:50,120  
但如果我坐飞机去的，我还用知道吗  
  
379  
00:14:52,130 --> 00:14:55,370  
两种操作模式，中国人是象思维  
  
380  
00:15:01,200 --> 00:15:01,440  
啊  
  
381  
00:15:02,040 --> 00:15:04,760  
中国人象思维包括中医，什么是象思维  
  
382  
00:15:05,080 --> 00:15:09,710  
我通过外向抓住你最主要的项  
  
383  
00:15:10,350 --> 00:15:15,230  
通过这个推演出他的数理寓于中  
  
384  
00:15:22,760 --> 00:15:24,840  
它是一套数理体系  
  
385  
00:15:25,440 --> 00:15:30,380  
但是呢，是以象为他的一个切入点  
  
386  
00:15:31,140 --> 00:15:32,660  
这个在我们临床中非常重要  
  
387  
00:15:32,820 --> 00:15:35,140  
因此黄染病的象是什么  
  
388  
00:15:35,900 --> 00:15:36,820  
简单至极  
  
389  
00:15:38,490 --> 00:15:41,370  
黄梦黄为什么色五行之中  
  
390  
00:15:44,100 --> 00:15:44,700  
完事儿了  
  
391  
00:15:46,180 --> 00:15:47,980  
结束了啊  
  
392  
00:15:49,600 --> 00:15:53,400  
土是什么诗啊  
  
393  
00:15:53,880 --> 00:15:56,080  
因此黄疸病的最核心的东西是什么  
  
394  
00:15:56,280 --> 00:15:57,000  
不是胆汁  
  
395  
00:15:57,670 --> 00:15:58,750  
那么是没错啊  
  
396  
00:15:58,750 --> 00:16:02,110  
我我我这个，我讲的是两个平行思维的东西  
  
397  
00:16:02,430 --> 00:16:03,430  
我没否认西医  
  
398  
00:16:03,470 --> 00:16:04,550  
没否认现代临床  
  
399  
00:16:04,920 --> 00:16:06,560  
没否认人体的组织胚胎结构  
  
400  
00:16:06,960 --> 00:16:09,080  
如果我否认，那我是瞪眼胡说  
  
401  
00:16:09,640 --> 00:16:12,040  
只是我在我的频道上来解读这个问题  
  
402  
00:16:12,700 --> 00:16:14,420  
黄疸出去了，胆汁出去了  
  
403  
00:16:14,420 --> 00:16:15,340  
但是为什么  
  
404  
00:16:17,420 --> 00:16:18,300  
它为什么出去了  
  
405  
00:16:18,700 --> 00:16:20,540  
而我们中医阴沉耗汤  
  
406  
00:16:20,540 --> 00:16:21,180  
阴沉，五陵  
  
407  
00:16:21,180 --> 00:16:22,220  
阴沉理中等等  
  
408  
00:16:22,500 --> 00:16:23,460  
为何有效  
  
409  
00:16:24,780 --> 00:16:25,700  
看见胆汁了吗  
  
410  
00:16:25,980 --> 00:16:26,940  
看见胆囊了吗  
  
411  
00:16:28,500 --> 00:16:28,980  
没有  
  
412  
00:16:30,260 --> 00:16:31,860  
唯独从师字立论  
  
413  
00:16:31,980 --> 00:16:32,780  
咱明白了吧  
  
414  
00:16:33,360 --> 00:16:36,280  
我在这并不是教大家怎么治这个黄疸病  
  
415  
00:16:36,640 --> 00:16:38,400  
而是告诉大家一个非常重要的思维  
  
416  
00:16:38,400 --> 00:16:42,000  
我们中医，你想把中医发挥到某种极致  
  
417  
00:16:42,600 --> 00:16:46,230  
你就一定要把他的思维完全地接受啊  
  
418  
00:16:46,230 --> 00:16:48,070  
完全立交于他的这个思维之上  
  
419  
00:16:48,070 --> 00:16:49,150  
你才能尽其用  
  
420  
00:16:49,510 --> 00:16:52,140  
要不然的话，很难很难  
  
421  
00:16:52,340 --> 00:16:55,540  
那么就是以一个狮字立法，当从小便去世  
  
422  
00:16:56,100 --> 00:16:57,340  
我不管你从哪来的  
  
423  
00:16:57,340 --> 00:16:58,540  
我就管你从哪儿走  
  
424  
00:17:01,460 --> 00:17:04,700  
之后给你造成一个中和的环境  
  
425  
00:17:05,819 --> 00:17:07,260  
永远在一个中和的环境里  
  
426  
00:17:07,380 --> 00:17:09,500  
那么人体的生理的构架  
  
427  
00:17:09,980 --> 00:17:12,819  
也自然地会趋于一个向好的方向  
  
428  
00:17:12,819 --> 00:17:15,630  
去发展就完事了  
  
429  
00:17:15,829 --> 00:17:19,510  
所以很多可能在临床上一些思考不清楚  
  
430  
00:17:19,510 --> 00:17:20,950  
匪夷所思的器质性的疾病  
  
431  
00:17:21,270 --> 00:17:22,750  
那么我们也是这样去调整  
  
432  
00:17:23,030 --> 00:17:25,589  
把它时时刻刻都在一种中和的状态  
  
433  
00:17:25,829 --> 00:17:28,670  
称之为什么称之为饱和啊  
  
434  
00:17:29,370 --> 00:17:31,410  
确保它在这种中和状态之下  
  
435  
00:17:31,690 --> 00:17:32,930  
那么他自然呢  
  
436  
00:17:33,130 --> 00:17:36,250  
身体身心通泰，达到一个太和之境啊  
  
437  
00:17:36,250 --> 00:17:40,720  
我们讲中和到饱和到太和的追求过程  
  
438  
00:17:41,400 --> 00:17:43,480  
怎么在方药之中去体现  
  
439  
00:17:44,630 --> 00:17:45,510  
那么这一点呢  
  
440  
00:17:46,270 --> 00:17:46,630  
熏黄  
  
441  
00:17:46,910 --> 00:17:48,150  
所以说他是一个  
  
442  
00:17:48,650 --> 00:17:51,130  
我在这并不是解释一个诗怎么回事啊  
  
443  
00:17:51,490 --> 00:17:54,210  
整个思维的东西，从象到竖到理  
  
444  
00:17:54,370 --> 00:17:56,030  
我们中医怎么取象啊  
  
445  
00:17:56,030 --> 00:17:57,150  
这个大家，呃  
  
446  
00:17:57,190 --> 00:17:59,670  
勿以这个东西很小啊  
  
447  
00:17:59,670 --> 00:18:01,230  
我们忽视它啊  
  
448  
00:18:02,870 --> 00:18:03,710  
那好，这一段呢  
  
449  
00:18:03,710 --> 00:18:05,430  
主要说的就是这个事啊  
  
450  
00:18:05,430 --> 00:18:06,070  
在临床中  
  
451  
00:18:06,070 --> 00:18:09,070  
在这我不其他的东西，我不赘述啊  
  
452  
00:18:10,260 --> 00:18:12,620  
呃，底下这一段特别重要  
  
453  
00:18:14,330 --> 00:18:14,530  
呃  
  
454  
00:18:15,650 --> 00:18:17,690  
原文的第16条啊  
  
455  
00:18:17,770 --> 00:18:18,490  
非常重要  
  
456  
00:18:20,710 --> 00:18:21,590  
这说了什么呢  
  
457  
00:18:21,590 --> 00:18:22,110  
你看啊  
  
458  
00:18:23,230 --> 00:18:23,430  
呃  
  
459  
00:18:23,550 --> 00:18:26,670  
施家奇人但头汗出  
  
460  
00:18:26,750 --> 00:18:28,150  
先解释一下字面意思啊  
  
461  
00:18:28,950 --> 00:18:31,190  
就是只有头出汗是吧  
  
462  
00:18:31,190 --> 00:18:33,070  
这个在我们伤寒论中也有很多  
  
463  
00:18:33,850 --> 00:18:34,970  
呃，这块断句呢  
  
464  
00:18:34,970 --> 00:18:36,850  
我这个版本断的不对啊  
  
465  
00:18:37,850 --> 00:18:41,330  
背将欲得背负相火这个段子不对  
  
466  
00:18:41,330 --> 00:18:43,130  
应该备将断  
  
467  
00:18:43,990 --> 00:18:45,030  
这样你就明白了吧  
  
468  
00:18:45,350 --> 00:18:47,950  
哎，就很清楚了备将是什么意思啊  
  
469  
00:18:49,080 --> 00:18:50,040  
就是象背江吗  
  
470  
00:18:50,400 --> 00:18:51,960  
那背是阳位还是阴位  
  
471  
00:18:52,780 --> 00:18:54,860  
哎好你知道背是阳痿就行了  
  
472  
00:18:54,940 --> 00:18:59,140  
你看但头汗出背将都是阴胃为病还是阳痿未病  
  
473  
00:18:59,780 --> 00:19:00,540  
都是阳痿啊  
  
474  
00:19:00,540 --> 00:19:04,010  
很好之后欲得背负相火  
  
475  
00:19:04,010 --> 00:19:05,730  
这里头有那个通假  
  
476  
00:19:05,930 --> 00:19:09,170  
这个背就是我们盖被的背赋，是哪个负呢  
  
477  
00:19:09,420 --> 00:19:11,940  
我们古人讲天覆地载覆就是盖的意思  
  
478  
00:19:11,940 --> 00:19:14,380  
是不是啥意思，翻译过来非常简单  
  
479  
00:19:14,380 --> 00:19:16,060  
就是想盖着被烤火  
  
480  
00:19:17,240 --> 00:19:18,520  
你看这是一个什么样的人啊  
  
481  
00:19:18,600 --> 00:19:20,980  
但头汗出，然后呢  
  
482  
00:19:20,980 --> 00:19:25,020  
后背还硬，还想盖被还想烤火啊  
  
483  
00:19:25,060 --> 00:19:25,900  
证明咋的了  
  
484  
00:19:27,220 --> 00:19:28,300  
阳正还是阴政啊  
  
485  
00:19:31,000 --> 00:19:32,600  
他一定是阴证，是不是这个道理  
  
486  
00:19:33,000 --> 00:19:36,640  
他一定是阴证啊，之后这个底下  
  
487  
00:19:37,600 --> 00:19:37,880  
呃  
  
488  
00:19:38,990 --> 00:19:40,190  
那么解释一下啊  
  
489  
00:19:40,190 --> 00:19:42,350  
这个是一个啥病机啊  
  
490  
00:19:43,330 --> 00:19:44,890  
因为是湿气不是寒气  
  
491  
00:19:45,570 --> 00:19:49,970  
这个其实描述了一个湿蒸于上的状态啊  
  
492  
00:19:52,780 --> 00:19:53,460  
写一下吧  
  
493  
00:19:57,640 --> 00:19:58,800  
湿蒸于上  
  
494  
00:19:59,240 --> 00:20:01,640  
因为我们说湿和寒不一样，寒性凝滞吧  
  
495  
00:20:02,080 --> 00:20:07,640  
他洗表的时候是这么111竖  
  
496  
00:20:07,720 --> 00:20:08,040  
对吧  
  
497  
00:20:08,280 --> 00:20:09,280  
给他拘束住了  
  
498  
00:20:09,600 --> 00:20:11,440  
拘于表，避其透里  
  
499  
00:20:11,840 --> 00:20:12,360  
湿不养  
  
500  
00:20:12,400 --> 00:20:13,200  
湿气弥散  
  
501  
00:20:14,130 --> 00:20:18,210  
但是湿气到一定程度之后它也能遮蔽阳气  
  
502  
00:20:18,930 --> 00:20:20,370  
打个比方呃  
  
503  
00:20:22,720 --> 00:20:23,520  
比方不恰当  
  
504  
00:20:23,520 --> 00:20:26,120  
其实我们长春的那个生态气候挺好的  
  
505  
00:20:26,360 --> 00:20:28,680  
但是有一段时间，比如说那个有那么两年  
  
506  
00:20:28,680 --> 00:20:30,320  
我记得呃，秋冬的时候  
  
507  
00:20:30,320 --> 00:20:34,340  
我开车从那个乌拉盖草原回来的时候  
  
508  
00:20:34,340 --> 00:20:36,460  
有那么一次，就是那个雾霾啊  
  
509  
00:20:37,020 --> 00:20:38,380  
冬季刚取暖的时候  
  
510  
00:20:38,580 --> 00:20:39,260  
呃，有雾霾  
  
511  
00:20:39,700 --> 00:20:41,300  
呃，但我们这些年挺好啊  
  
512  
00:20:41,850 --> 00:20:43,010  
就是你真能看见  
  
513  
00:20:44,010 --> 00:20:46,370  
快进城市的时候，一团啊  
  
514  
00:20:47,270 --> 00:20:49,190  
那个那个霾笼罩在上面  
  
515  
00:20:49,350 --> 00:20:50,990  
那么它阳气一定是碧玉的  
  
516  
00:20:51,750 --> 00:20:52,550  
人也是一样  
  
517  
00:20:52,910 --> 00:20:54,070  
那么湿气的弥散  
  
518  
00:20:54,150 --> 00:20:55,510  
它不像那个寒气  
  
519  
00:20:55,800 --> 00:20:58,240  
寒气说，雪一下来银装素裹一层  
  
520  
00:20:58,280 --> 00:20:58,600  
对吧  
  
521  
00:20:58,880 --> 00:21:00,640  
盖子上的湿气像个罩一样  
  
522  
00:21:01,360 --> 00:21:02,800  
必在上头，必在上头  
  
523  
00:21:02,800 --> 00:21:05,960  
那么阳气欲开而不得开，必然什么样啊  
  
524  
00:21:06,790 --> 00:21:09,830  
这个这个背浆，那么热呢  
  
525  
00:21:11,090 --> 00:21:13,210  
闭郁于内热，必然怎么样  
  
526  
00:21:13,210 --> 00:21:14,090  
蒸蒸于上  
  
527  
00:21:14,210 --> 00:21:17,290  
那必然头汗出阳加于阴，谓之汗吧  
  
528  
00:21:17,890 --> 00:21:20,330  
那么阳气加于这个湿气上，那头往上走啊  
  
529  
00:21:20,330 --> 00:21:21,290  
所以别的地方不出汗  
  
530  
00:21:21,530 --> 00:21:21,930  
记住啊  
  
531  
00:21:21,930 --> 00:21:23,090  
这是湿气的一个特点  
  
532  
00:21:23,450 --> 00:21:24,610  
商论中也都一样啊  
  
533  
00:21:24,610 --> 00:21:25,970  
但头汗出的全是这个啊  
  
534  
00:21:26,280 --> 00:21:26,720  
之后  
  
535  
00:21:28,330 --> 00:21:29,090  
又告诉你了  
  
536  
00:21:30,210 --> 00:21:34,290  
腹背相火为啥阳气闭郁不能委外冷啊  
  
537  
00:21:35,710 --> 00:21:37,710  
既要盖着被还得烤着火  
  
538  
00:21:38,150 --> 00:21:42,830  
你看这种状态貌似比这个我们伤寒还冷是吧  
  
539  
00:21:43,310 --> 00:21:44,030  
哎，为啥  
  
540  
00:21:44,230 --> 00:21:45,950  
但这个你看伤寒的冷  
  
541  
00:21:45,950 --> 00:21:47,630  
他很有可能已经神志不清了啊  
  
542  
00:21:47,950 --> 00:21:49,110  
已经烧昏过去了  
  
543  
00:21:49,270 --> 00:21:51,750  
但是这个冷它自己还能找背  
  
544  
00:21:52,230 --> 00:21:53,870  
还能找地方待，就是难受  
  
545  
00:21:55,050 --> 00:21:56,610  
17年制啊  
  
546  
00:21:56,770 --> 00:21:58,330  
就这种这种状态啊  
  
547  
00:21:59,130 --> 00:22:01,010  
后头这句话特别有意思啊  
  
548  
00:22:01,290 --> 00:22:02,930  
你看底下说一事  
  
549  
00:22:04,330 --> 00:22:07,650  
若夏之早啊  
  
550  
00:22:07,850 --> 00:22:08,930  
若夏之早则远  
  
551  
00:22:09,850 --> 00:22:10,570  
那为啥呢  
  
552  
00:22:10,570 --> 00:22:14,560  
我们说失在五行之中，合于脾土  
  
553  
00:22:15,040 --> 00:22:16,440  
在五脏之中，合于脾吧  
  
554  
00:22:17,210 --> 00:22:20,130  
那么下肢太早，脾本身啊  
  
555  
00:22:20,490 --> 00:22:22,330  
这时候你认为它是一种虚弱状态  
  
556  
00:22:22,330 --> 00:22:23,690  
还是一种强盛的状态啊  
  
557  
00:22:24,470 --> 00:22:25,470  
他肯定偏于虚弱  
  
558  
00:22:25,750 --> 00:22:27,750  
因为因为本身他要是强的话  
  
559  
00:22:27,750 --> 00:22:29,070  
他不至于得湿症，对吧  
  
560  
00:22:29,550 --> 00:22:31,830  
那么这个时候夏日太早则伤脾  
  
561  
00:22:32,840 --> 00:22:33,040  
呃  
  
562  
00:22:33,720 --> 00:22:36,120  
或胸满，小便不利  
  
563  
00:22:37,040 --> 00:22:39,920  
呃，那为啥胸又满了呢  
  
564  
00:22:40,640 --> 00:22:42,120  
小便为啥又不通了呢  
  
565  
00:22:42,600 --> 00:22:42,800  
哎  
  
566  
00:22:42,800 --> 00:22:45,080  
我也不知道，那不知道咋整呢  
  
567  
00:22:45,720 --> 00:22:45,920  
哎  
  
568  
00:22:46,040 --> 00:22:47,160  
咱有招啊，对吧  
  
569  
00:22:47,400 --> 00:22:49,240  
不知道问谁问仲景先师  
  
570  
00:22:49,240 --> 00:22:50,500  
啊，呃  
  
571  
00:22:50,540 --> 00:22:52,180  
舌上如苔哎，这些都是问题啊  
  
572  
00:22:52,180 --> 00:22:53,900  
我们都放这都都不解答啊  
  
573  
00:22:55,010 --> 00:22:55,770  
问仲景先生  
  
574  
00:22:55,770 --> 00:22:56,890  
仲景先生告不告诉你啊  
  
575  
00:22:57,570 --> 00:22:58,410  
他告诉你了  
  
576  
00:22:58,810 --> 00:22:59,530  
说了一个字  
  
577  
00:23:00,250 --> 00:23:01,370  
乙丹田有热  
  
578  
00:23:03,120 --> 00:23:04,560  
胸上有寒，看见了吧  
  
579  
00:23:05,440 --> 00:23:07,620  
哎呃，我呢  
  
580  
00:23:07,700 --> 00:23:09,260  
实际上是两个职业啊  
  
581  
00:23:09,260 --> 00:23:10,860  
一方面呢，是临床医生  
  
582  
00:23:11,700 --> 00:23:11,980  
呃  
  
583  
00:23:12,870 --> 00:23:14,390  
临床的医道技艺呢  
  
584  
00:23:14,470 --> 00:23:17,670  
从学于昆仑一宗，沈谦益先生啊  
  
585  
00:23:18,340 --> 00:23:18,540  
呃  
  
586  
00:23:18,660 --> 00:23:19,980  
其实我还有第二个职业  
  
587  
00:23:19,980 --> 00:23:22,780  
大家也都知道，我是一个教书先生啊  
  
588  
00:23:22,820 --> 00:23:23,660  
教书先生呢  
  
589  
00:23:23,940 --> 00:23:25,060  
我的恩师啊  
  
590  
00:23:25,060 --> 00:23:27,960  
咱们中医药大学的王军教授，呃  
  
591  
00:23:28,000 --> 00:23:29,600  
我们这一这一脉啊  
  
592  
00:23:29,920 --> 00:23:32,400  
这个长春系的这个伤寒论的教学读法  
  
593  
00:23:32,400 --> 00:23:36,460  
有一个非常有特点的学术特征  
  
594  
00:23:36,940 --> 00:23:41,510  
源于当年呢，非常神秘的民国伤寒大家啊  
  
595  
00:23:41,950 --> 00:23:42,910  
王伤寒啊  
  
596  
00:23:42,910 --> 00:23:44,510  
咱们可能大大家也都知道啊  
  
597  
00:23:44,750 --> 00:23:47,380  
这个王老，他的这个他一辈子啊  
  
598  
00:23:47,740 --> 00:23:49,140  
治疗这个疑难杂症  
  
599  
00:23:49,420 --> 00:23:51,500  
当年据说在东北啊  
  
600  
00:23:51,500 --> 00:23:54,060  
能跟他比肩的只有谁呢  
  
601  
00:23:54,540 --> 00:23:54,740  
呃  
  
602  
00:23:54,940 --> 00:23:58,460  
我们知道这这个末代的太医啊  
  
603  
00:23:59,080 --> 00:24:00,080  
陈先生啊  
  
604  
00:24:00,080 --> 00:24:01,600  
只有陈先生，呃  
  
605  
00:24:02,080 --> 00:24:05,200  
很多老一辈的人见到王老师那那那都知道深浅  
  
606  
00:24:05,480 --> 00:24:08,760  
但是王老师据说他一辈子不看伤寒论的书著  
  
607  
00:24:09,710 --> 00:24:11,950  
就一本小薄册子背个手啊  
  
608  
00:24:12,430 --> 00:24:13,790  
呃，他怎么读伤寒  
  
609  
00:24:13,790 --> 00:24:16,790  
这个在我们教研室是一脉传承，呃  
  
610  
00:24:17,190 --> 00:24:18,390  
你注意几个关键字  
  
611  
00:24:19,030 --> 00:24:21,150  
以所以然者故也，等等啊  
  
612  
00:24:21,150 --> 00:24:22,430  
当然里头还有很多细节  
  
613  
00:24:22,430 --> 00:24:24,790  
这个不能给大家一一道也啊  
  
614  
00:24:25,110 --> 00:24:26,550  
但是在这儿给你举一个例子  
  
615  
00:24:26,910 --> 00:24:29,710  
当仲景先师想自己给自己注解的时候  
  
616  
00:24:29,710 --> 00:24:31,030  
它会有提示一些字  
  
617  
00:24:31,030 --> 00:24:34,380  
比如这一乙，什么意思啊  
  
618  
00:24:34,900 --> 00:24:36,460  
原因，这就告诉你了  
  
619  
00:24:36,460 --> 00:24:38,220  
这一句话把它都解释了  
  
620  
00:24:38,660 --> 00:24:40,140  
我们这个方法有好处啊  
  
621  
00:24:40,140 --> 00:24:40,620  
为什么  
  
622  
00:24:40,900 --> 00:24:43,300  
其实有的时候你注解它会越注越厚  
  
623  
00:24:44,720 --> 00:24:46,760  
隋文注释会有两个问题  
  
624  
00:24:46,760 --> 00:24:49,200  
一是越注越厚，让你更不会了  
  
625  
00:24:49,200 --> 00:24:50,560  
就是你有时候没看  
  
626  
00:24:50,560 --> 00:24:52,080  
注解的时候你好像还会  
  
627  
00:24:52,590 --> 00:24:54,110  
看完了之后发现更不会了  
  
628  
00:24:54,110 --> 00:24:54,950  
有这种问题啊  
  
629  
00:24:55,190 --> 00:24:56,950  
第二问题，有的时候万一注错了呢  
  
630  
00:24:57,420 --> 00:25:00,340  
能说这道理，但重视自己说的话他是没错的  
  
631  
00:25:00,660 --> 00:25:02,220  
那么这块就说了两个事  
  
632  
00:25:02,340 --> 00:25:04,020  
一、丹田有热，二、胸上有汗  
  
633  
00:25:04,100 --> 00:25:05,860  
讲了两个大窍  
  
634  
00:25:07,380 --> 00:25:08,220  
哪两个跳啊  
  
635  
00:25:08,860 --> 00:25:09,740  
还是我说的那句话  
  
636  
00:25:09,740 --> 00:25:12,100  
前三三后三三中三三是吧  
  
637  
00:25:12,660 --> 00:25:14,980  
前头的那个翘，一个是丹田翘  
  
638  
00:25:16,100 --> 00:25:17,380  
一个呢胸，胸中啊  
  
639  
00:25:17,460 --> 00:25:19,300  
那个那个胸上啊，是啥呀  
  
640  
00:25:19,420 --> 00:25:21,460  
经常这么提坦中俏嘛  
  
641  
00:25:22,220 --> 00:25:22,900  
是这道理吧  
  
642  
00:25:23,220 --> 00:25:26,170  
那么你看，由于湿气在内  
  
643  
00:25:26,950 --> 00:25:30,790  
那么我们说人体上中下三窍也可以理解啊  
  
644  
00:25:31,110 --> 00:25:32,790  
咱们这个这个玄关窍啊  
  
645  
00:25:32,790 --> 00:25:34,970  
就是这个所谓的那个眉心啊  
  
646  
00:25:35,090 --> 00:25:39,070  
明堂阙庭，这个这个这个眉心神阙啊  
  
647  
00:25:39,070 --> 00:25:39,870  
不是不是不是神教啊  
  
648  
00:25:39,870 --> 00:25:42,110  
那个那个那个那个呃，玄关啊  
  
649  
00:25:42,990 --> 00:25:43,270  
呃  
  
650  
00:25:45,400 --> 00:25:48,600  
主上是不是啊，或者主上他就主外嘛  
  
651  
00:25:49,400 --> 00:25:51,560  
那么丹田主下而主里  
  
652  
00:25:52,520 --> 00:25:56,560  
呃痰中啊，居于中内外之交际转化  
  
653  
00:25:57,080 --> 00:26:00,400  
那么寒气现在是在外窍还是在内窍还是在中间啊  
  
654  
00:26:01,910 --> 00:26:06,230  
在中间在中间就说明寒气是趋于外还是趋于内啊  
  
655  
00:26:07,900 --> 00:26:08,660  
肯定是区域内  
  
656  
00:26:08,660 --> 00:26:10,700  
因为这个地方不应该有他啊，对吧  
  
657  
00:26:11,140 --> 00:26:11,340  
哎  
  
658  
00:26:11,340 --> 00:26:15,380  
就像是日本兵已经驻扎到这个虹口了  
  
659  
00:26:16,560 --> 00:26:17,800  
他没在日本海上啊  
  
660  
00:26:17,800 --> 00:26:18,760  
他也没在老家呀  
  
661  
00:26:19,320 --> 00:26:21,810  
那你说这事对还是不对  
  
662  
00:26:21,810 --> 00:26:23,370  
虽然没没打到你内陆  
  
663  
00:26:23,810 --> 00:26:24,770  
那不是也进来了吗  
  
664  
00:26:25,250 --> 00:26:26,010  
是这道理吧  
  
665  
00:26:26,410 --> 00:26:26,610  
哎  
  
666  
00:26:26,930 --> 00:26:29,270  
那么这个时候阳气啊  
  
667  
00:26:29,270 --> 00:26:31,270  
我们讲88军啊  
  
668  
00:26:31,270 --> 00:26:34,570  
87军它必然就备战于内吧  
  
669  
00:26:35,250 --> 00:26:36,810  
阳气欲内淤于哪个窍  
  
670  
00:26:36,810 --> 00:26:37,890  
它只能在丹田里啊  
  
671  
00:26:38,490 --> 00:26:39,490  
所以丹田有热  
  
672  
00:26:40,580 --> 00:26:41,300  
那你不能说哎  
  
673  
00:26:41,300 --> 00:26:43,540  
当天有热有邪气，我把他供下去吧  
  
674  
00:26:43,940 --> 00:26:47,180  
八十八十缴械得了，能那么干吗  
  
675  
00:26:47,660 --> 00:26:47,980  
是吧  
  
676  
00:26:47,980 --> 00:26:49,180  
那不成汪精卫了吗  
  
677  
00:26:49,700 --> 00:26:50,580  
讲这道理啊  
  
678  
00:26:51,390 --> 00:26:52,270  
一个一个道理啊  
  
679  
00:26:52,270 --> 00:26:54,310  
最近因为那个八佰也挺火的嘛  
  
680  
00:26:54,310 --> 00:26:56,270  
我们蹭一下热度，哈哈  
  
681  
00:26:56,390 --> 00:26:57,750  
我讲课是这个特点  
  
682  
00:26:57,750 --> 00:26:59,670  
有什么时下新闻啊  
  
683  
00:26:59,670 --> 00:27:01,630  
这这这顺嘴就过去了啊  
  
684  
00:27:02,270 --> 00:27:03,350  
顺嘴就过去了  
  
685  
00:27:04,620 --> 00:27:04,820  
呃  
  
686  
00:27:04,900 --> 00:27:08,780  
那么这个丹田有热，胸上有寒  
  
687  
00:27:09,380 --> 00:27:12,540  
那就最后就穿回来就解释了前头一系列的事  
  
688  
00:27:12,900 --> 00:27:15,340  
那么胸上有寒则胸满  
  
689  
00:27:17,960 --> 00:27:19,480  
完事了，哎  
  
690  
00:27:19,920 --> 00:27:24,040  
那么丹田有热下窍，滞涩则小便不利  
  
691  
00:27:25,050 --> 00:27:29,070  
或小便过利，过滤就是什么频硕吧  
  
692  
00:27:29,510 --> 00:27:29,710  
哎  
  
693  
00:27:29,710 --> 00:27:30,950  
都是一回事啊，都行  
  
694  
00:27:31,190 --> 00:27:32,470  
总之这撬坏了  
  
695  
00:27:33,190 --> 00:27:36,030  
就像你这门坏了，或者打不开或者关不上  
  
696  
00:27:37,350 --> 00:27:37,910  
都是坏的  
  
697  
00:27:37,910 --> 00:27:42,030  
你不能说打不开，是是是是是坏了我修一下吧  
  
698  
00:27:42,030 --> 00:27:42,190  
哎  
  
699  
00:27:42,190 --> 00:27:42,750  
关不上了  
  
700  
00:27:42,750 --> 00:27:44,820  
修好了，那都不对是吧  
  
701  
00:27:45,060 --> 00:27:46,460  
所以小便不利你不要去争  
  
702  
00:27:46,500 --> 00:27:49,700  
说到底是尿不出来还是说尿太多都不对啊  
  
703  
00:27:49,940 --> 00:27:50,820  
这俩都不对  
  
704  
00:27:51,180 --> 00:27:53,770  
没必要争这事，于是乎呢  
  
705  
00:27:54,170 --> 00:27:55,810  
舌上如苔这个儒字啊  
  
706  
00:27:55,890 --> 00:27:57,210  
非常的恰到好处  
  
707  
00:27:57,410 --> 00:28:00,670  
他没告诉你说舌上有苔后胎或者白胎  
  
708  
00:28:00,710 --> 00:28:02,990  
黄胎都没说如胎代表什么  
  
709  
00:28:03,590 --> 00:28:07,890  
湿气闭阻于上翘，则必陷于上  
  
710  
00:28:08,090 --> 00:28:08,770  
那么舌呀  
  
711  
00:28:08,890 --> 00:28:09,930  
为心窍对不对  
  
712  
00:28:09,930 --> 00:28:10,330  
不对呀  
  
713  
00:28:10,690 --> 00:28:12,490  
心开窍于舌，那么一伸出来  
  
714  
00:28:12,770 --> 00:28:15,140  
你看上头很很很逆  
  
715  
00:28:15,460 --> 00:28:16,220  
那么证明啊  
  
716  
00:28:16,620 --> 00:28:19,380  
阳气被闭阻，被啥B组啊  
  
717  
00:28:19,380 --> 00:28:23,000  
必然是被阴邪闭阻，阴邪必阳  
  
718  
00:28:23,650 --> 00:28:24,730  
那么我们在临床的时候  
  
719  
00:28:24,730 --> 00:28:25,970  
我反复跟我的学生讲  
  
720  
00:28:26,370 --> 00:28:30,710  
你，你为啥说我不愿意把一些东西啊就给你叫的特别死啊  
  
721  
00:28:30,710 --> 00:28:32,390  
就像我刚才跟呃宋总啊  
  
722  
00:28:32,390 --> 00:28:33,990  
宋总以前是搞计算机的  
  
723  
00:28:34,230 --> 00:28:36,790  
他跟我说说某一个数字代表一种语言  
  
724  
00:28:37,350 --> 00:28:39,610  
他能比如说它能接通蓝牙  
  
725  
00:28:39,650 --> 00:28:41,370  
但它不光能干这个  
  
726  
00:28:41,690 --> 00:28:42,890  
你得知道它的原理  
  
727  
00:28:43,130 --> 00:28:45,010  
那我除了能干这个，我还能干别的  
  
728  
00:28:45,010 --> 00:28:45,810  
就是一个道理  
  
729  
00:28:46,010 --> 00:28:48,930  
你把它学会，是学会它是咋回事  
  
730  
00:28:49,210 --> 00:28:50,410  
而不是他能干什么  
  
731  
00:28:50,650 --> 00:28:51,730  
这叫神用无方  
  
732  
00:28:52,170 --> 00:28:54,170  
我们中国古人讲神用无方啊  
  
733  
00:28:54,670 --> 00:28:55,910  
那么同样一个道理  
  
734  
00:28:57,140 --> 00:28:57,340  
呃  
  
735  
00:28:57,340 --> 00:28:58,300  
你把它放在阴阳上  
  
736  
00:28:58,300 --> 00:28:59,900  
那你你就随便用呗，对吧  
  
737  
00:28:59,980 --> 00:29:01,620  
阴阳二法随招用啊  
  
738  
00:29:03,160 --> 00:29:03,360  
呃  
  
739  
00:29:04,080 --> 00:29:05,280  
渴欲得饮而不能饮  
  
740  
00:29:05,320 --> 00:29:06,800  
那么可造可啥意思  
  
741  
00:29:06,800 --> 00:29:07,680  
这个简单极了  
  
742  
00:29:07,960 --> 00:29:10,260  
那么湿邪痹阻于阳翘  
  
743  
00:29:10,900 --> 00:29:13,100  
那么真阴必然不能上，居于上吧  
  
744  
00:29:13,690 --> 00:29:14,650  
必然不能继续上  
  
745  
00:29:14,650 --> 00:29:16,250  
那你再不明白就非常简单  
  
746  
00:29:16,250 --> 00:29:18,970  
敌占区的时候老百姓饿死太正常了，是不是  
  
747  
00:29:18,970 --> 00:29:22,640  
这道理不是没粮食有不给你啊  
  
748  
00:29:22,640 --> 00:29:24,080  
你自己的送不过去吧  
  
749  
00:29:24,850 --> 00:29:25,290  
同样啊  
  
750  
00:29:25,290 --> 00:29:27,210  
那我们肿瘤不也是这个道理吗  
  
751  
00:29:27,210 --> 00:29:29,330  
他站在那不是没有营养啊  
  
752  
00:29:29,690 --> 00:29:31,010  
营养不归你归他啊  
  
753  
00:29:31,490 --> 00:29:31,810  
对吧  
  
754  
00:29:31,810 --> 00:29:32,890  
它都吃掉了  
  
755  
00:29:36,220 --> 00:29:37,660  
好，我们接着往下看啊  
  
756  
00:29:39,900 --> 00:29:40,100  
呃  
  
757  
00:29:40,580 --> 00:29:41,460  
底下这段呢  
  
758  
00:29:41,540 --> 00:29:46,160  
是讲这么一个事施加下肢  
  
759  
00:29:46,160 --> 00:29:47,720  
那么这个说明一个问题  
  
760  
00:29:48,000 --> 00:29:49,720  
这个下肢是物质还是政治  
  
761  
00:29:53,640 --> 00:29:56,040  
政务两道他走到哪个上头去了  
  
762  
00:29:56,400 --> 00:30:00,160  
物质说明施加不能下至当利小便吧  
  
763  
00:30:00,880 --> 00:30:02,120  
哎，他没立小便啊  
  
764  
00:30:02,120 --> 00:30:03,160  
他是他是这么走  
  
765  
00:30:03,950 --> 00:30:05,630  
当然我们不不说利小便  
  
766  
00:30:05,950 --> 00:30:06,190  
呃  
  
767  
00:30:06,270 --> 00:30:07,550  
你可既可以从小便去  
  
768  
00:30:07,870 --> 00:30:10,950  
也可以从凑里得汗而解啊  
  
769  
00:30:11,030 --> 00:30:13,650  
都可以呃，通阳嘛  
  
770  
00:30:13,650 --> 00:30:13,930  
对吧  
  
771  
00:30:13,930 --> 00:30:15,850  
那你无外乎是悬浮啊  
  
772  
00:30:15,850 --> 00:30:20,530  
还是说走这个走这个三焦膀胱都行  
  
773  
00:30:22,470 --> 00:30:23,750  
但是他这个就不行啊  
  
774  
00:30:23,790 --> 00:30:25,990  
下肢不行，下肢之后怎么样了呢  
  
775  
00:30:26,590 --> 00:30:27,470  
这段就乱了  
  
776  
00:30:27,470 --> 00:30:31,800  
你看额上出汗喘脑门啊  
  
777  
00:30:32,200 --> 00:30:33,360  
出汗见汗了啊  
  
778  
00:30:33,360 --> 00:30:34,120  
然后开始气喘  
  
779  
00:30:34,920 --> 00:30:37,240  
同时他说这句话吓人了  
  
780  
00:30:38,320 --> 00:30:41,530  
小便利者死若下  
  
781  
00:30:41,530 --> 00:30:43,370  
利不止者一死  
  
782  
00:30:45,610 --> 00:30:48,090  
小便这个小便利当然说的不是小便正常  
  
783  
00:30:50,130 --> 00:30:51,530  
就是小便啊  
  
784  
00:30:51,970 --> 00:30:52,370  
不断  
  
785  
00:30:52,490 --> 00:30:54,170  
没完没了，一会儿一趟  
  
786  
00:30:55,210 --> 00:30:57,450  
坏了大便也是不停  
  
787  
00:30:58,620 --> 00:30:59,740  
这其实说的是什么  
  
788  
00:31:00,020 --> 00:31:02,940  
我们说尸啊，居于中土  
  
789  
00:31:04,980 --> 00:31:07,740  
内合于脾，当这个攻下之后  
  
790  
00:31:08,340 --> 00:31:10,500  
脾气衰竭，衰于中  
  
791  
00:31:11,480 --> 00:31:12,560  
脾呢主什么  
  
792  
00:31:12,560 --> 00:31:14,000  
咱们从内经的角度来说  
  
793  
00:31:14,560 --> 00:31:15,640  
脾主升降啊  
  
794  
00:31:16,390 --> 00:31:17,790  
它为升降之枢机  
  
795  
00:31:18,390 --> 00:31:19,870  
对吧，升降之中枢  
  
796  
00:31:20,230 --> 00:31:21,510  
那么这个东西坏了  
  
797  
00:31:21,910 --> 00:31:24,990  
最后造成气脱于上  
  
798  
00:31:26,030 --> 00:31:30,830  
则额上汗出而喘气托于下则怎么样啊  
  
799  
00:31:31,650 --> 00:31:35,170  
小小便不利，不是那个小便大便过利  
  
800  
00:31:36,180 --> 00:31:38,180  
因此有的时候临床常常是这样啊  
  
801  
00:31:38,420 --> 00:31:38,900  
你观察  
  
802  
00:31:38,900 --> 00:31:42,540  
比如说在临床上，有的时候你发现来个女孩女子啊  
  
803  
00:31:42,620 --> 00:31:47,770  
女患者既有甲状腺的囊肿、结节  
  
804  
00:31:48,250 --> 00:31:49,050  
甚至是肿瘤  
  
805  
00:31:49,750 --> 00:31:51,470  
再一看卵巢也长上了  
  
806  
00:31:52,310 --> 00:31:52,990  
那为啥呀  
  
807  
00:31:53,790 --> 00:31:56,150  
病机居于中病位呢  
  
808  
00:31:56,390 --> 00:31:57,190  
居于上下  
  
809  
00:31:57,770 --> 00:31:59,050  
我们可以这样去理解问题  
  
810  
00:31:59,050 --> 00:32:00,810  
你不能盯着啊说这患者来吧  
  
811  
00:32:01,010 --> 00:32:01,770  
他要治俩病  
  
812  
00:32:01,850 --> 00:32:03,650  
既要治甲状腺，也要治卵巢  
  
813  
00:32:03,930 --> 00:32:05,170  
我先来甲状腺吧  
  
814  
00:32:05,940 --> 00:32:07,100  
或者卵巢那块儿着急  
  
815  
00:32:07,100 --> 00:32:10,060  
我就就先来，这个不是先后的问题啊  
  
816  
00:32:10,430 --> 00:32:12,190  
你最后看病机一以贯之  
  
817  
00:32:12,750 --> 00:32:14,350  
我们讲叫一以贯之啊  
  
818  
00:32:14,390 --> 00:32:15,910  
就同样是这个道理  
  
819  
00:32:17,510 --> 00:32:19,190  
那你说咱金匮要略过时吗  
  
820  
00:32:19,750 --> 00:32:21,630  
他不过时啊  
  
821  
00:32:23,300 --> 00:32:26,340  
呃，后头这又说这么一个事  
  
822  
00:32:26,340 --> 00:32:28,700  
儿风湿，哎  
  
823  
00:32:28,700 --> 00:32:33,630  
这块我吧就是有这个穷酸书生这个臭毛病啊  
  
824  
00:32:33,630 --> 00:32:36,350  
总总好讲这个东西咬文嚼字啊  
  
825  
00:32:36,510 --> 00:32:40,500  
这个改不了这字念什么念团  
  
826  
00:32:41,100 --> 00:32:42,180  
我一直认为啊  
  
827  
00:32:42,180 --> 00:32:43,500  
我们伤寒论金匮要略  
  
828  
00:32:43,500 --> 00:32:46,350  
包括内经之中的那个那个一些部分啊  
  
829  
00:32:46,350 --> 00:32:49,910  
不能说全部，这个博字就是我用这版本就是啊  
  
830  
00:32:49,990 --> 00:32:54,210  
古今一统，那个那个那个正脉大全啊  
  
831  
00:32:54,210 --> 00:32:54,490  
对吧  
  
832  
00:32:55,170 --> 00:32:57,330  
他引的那个虚荣本他就有这个问题  
  
833  
00:32:57,530 --> 00:32:58,810  
过去雕版的时候吧  
  
834  
00:32:59,340 --> 00:33:02,420  
你要是版费便宜，它有的字是通用的  
  
835  
00:33:02,860 --> 00:33:04,100  
薄和团长得像吗  
  
836  
00:33:04,420 --> 00:33:05,260  
把我们耽误了  
  
837  
00:33:05,340 --> 00:33:08,890  
那你说风和湿这两种邪气  
  
838  
00:33:08,890 --> 00:33:11,330  
你从博子的角度来说就是搏就搏斗吧  
  
839  
00:33:11,850 --> 00:33:13,410  
风和湿搏斗你让它斗呗  
  
840  
00:33:14,940 --> 00:33:17,260  
你在这看着两个邪气打起来了多好啊  
  
841  
00:33:17,740 --> 00:33:18,940  
那不相当于化疗吗  
  
842  
00:33:19,140 --> 00:33:20,540  
说这道理是吧  
  
843  
00:33:20,700 --> 00:33:22,740  
俩邪气打起来了还不花钱  
  
844  
00:33:23,480 --> 00:33:26,880  
不是那回事叫什么风湿乡团团是什么意思  
  
845  
00:33:26,880 --> 00:33:27,360  
勾结  
  
846  
00:33:29,180 --> 00:33:31,140  
勾结在一起，形成了一个什么关系啊  
  
847  
00:33:31,780 --> 00:33:35,820  
就是两个敌人在一起变成了朋友  
  
848  
00:33:36,780 --> 00:33:38,580  
敌人的敌人就是我们的朋友  
  
849  
00:33:39,020 --> 00:33:39,980  
就这么一个道理嘛  
  
850  
00:33:39,980 --> 00:33:43,100  
风势和那个风气和湿气他俩结到一块了  
  
851  
00:33:43,360 --> 00:33:44,640  
截到一块之后就坏了  
  
852  
00:33:44,640 --> 00:33:46,200  
为什么我这儿为什么这么解释啊  
  
853  
00:33:46,320 --> 00:33:48,120  
因为你看后文你就看得很清楚  
  
854  
00:33:48,640 --> 00:33:50,720  
你需要怎么把这个两气邪气怎么办啊  
  
855  
00:33:50,840 --> 00:33:52,360  
把它去掉啊  
  
856  
00:33:53,110 --> 00:33:55,190  
怎么去掉那风湿香团什么症状啊  
  
857  
00:33:55,190 --> 00:33:57,750  
说一身尽疼痛，浑身疼啊  
  
858  
00:33:58,190 --> 00:33:59,190  
闭阻阳气吗  
  
859  
00:33:59,590 --> 00:34:02,790  
而且这个疼一定是既有疼痛，而且还串着疼  
  
860  
00:34:03,030 --> 00:34:04,870  
因为我们知道风性善行啊  
  
861  
00:34:05,150 --> 00:34:07,970  
串着疼嘶法当怎么办啊  
  
862  
00:34:08,090 --> 00:34:10,239  
汗出而解啊  
  
863  
00:34:10,280 --> 00:34:12,040  
这时候为什么不是小便了呢  
  
864  
00:34:12,040 --> 00:34:12,880  
因为他有风  
  
865  
00:34:14,620 --> 00:34:15,940  
湿可从小便去之  
  
866  
00:34:16,260 --> 00:34:17,900  
风不行，风怎么办  
  
867  
00:34:18,020 --> 00:34:19,530  
当从汗解啊  
  
868  
00:34:19,650 --> 00:34:22,489  
当从汉界故使汉初欲救邪风者，宜桂枝汤  
  
869  
00:34:22,850 --> 00:34:23,449  
还记得吧  
  
870  
00:34:23,929 --> 00:34:24,130  
哎  
  
871  
00:34:24,170 --> 00:34:25,570  
仲景先生如是说，啊  
  
872  
00:34:25,630 --> 00:34:27,110  
我争取不用我自己住  
  
873  
00:34:27,110 --> 00:34:30,750  
我都用老仙师的那个那个原文给大家讲明白  
  
874  
00:34:31,230 --> 00:34:33,030  
那么这个法，当汗出而解  
  
875  
00:34:33,190 --> 00:34:34,310  
所以这儿说一个事  
  
876  
00:34:34,310 --> 00:34:38,360  
儿知天阴雨不止，抑云  
  
877  
00:34:38,560 --> 00:34:39,239  
此可发汗  
  
878  
00:34:39,600 --> 00:34:40,639  
那这个就有意思了  
  
879  
00:34:40,639 --> 00:34:41,560  
你说我们北方吧  
  
880  
00:34:41,560 --> 00:34:44,000  
一般不太常见，呃  
  
881  
00:34:44,080 --> 00:34:44,760  
我之前啊  
  
882  
00:34:44,760 --> 00:34:46,120  
在杭州，啊  
  
883  
00:34:46,120 --> 00:34:46,560  
在杭州  
  
884  
00:34:47,080 --> 00:34:48,080  
呃，在那呢  
  
885  
00:34:48,080 --> 00:34:48,920  
有一段时间  
  
886  
00:34:49,530 --> 00:34:50,690  
呃，体会很深  
  
887  
00:34:50,770 --> 00:34:51,290  
一旦啊  
  
888  
00:34:51,290 --> 00:34:52,489  
要是到了梅雨季节  
  
889  
00:34:53,130 --> 00:34:55,810  
那叫绵绵不绝啊哈  
  
890  
00:34:56,239 --> 00:34:56,800  
绵绵不绝  
  
891  
00:34:56,800 --> 00:34:59,840  
背都晾不干啊地，有的时候你不用擦地啊  
  
892  
00:34:59,840 --> 00:35:00,600  
都是湿的啊  
  
893  
00:35:00,840 --> 00:35:01,680  
走廊都是湿的  
  
894  
00:35:01,680 --> 00:35:02,560  
跟泼水了似的  
  
895  
00:35:02,880 --> 00:35:05,320  
那么那种时候，咱们说  
  
896  
00:35:06,640 --> 00:35:06,840  
呃  
  
897  
00:35:07,160 --> 00:35:08,800  
医生告诉你说，可发汗  
  
898  
00:35:10,770 --> 00:35:12,970  
但是呢，很容易有一个问题啊  
  
899  
00:35:13,490 --> 00:35:15,450  
发了汗之后空气还很潮湿  
  
900  
00:35:15,450 --> 00:35:17,330  
所以这个古人讲一个问题  
  
901  
00:35:17,650 --> 00:35:20,230  
发汗要讲度啊  
  
902  
00:35:20,230 --> 00:35:21,910  
要讲度，啥东西都是过犹不及  
  
903  
00:35:21,910 --> 00:35:23,150  
你发汗也不能发猛了  
  
904  
00:35:23,900 --> 00:35:26,140  
要适中适中有好处  
  
905  
00:35:26,540 --> 00:35:28,940  
既能把邪气去了，又不损正气  
  
906  
00:35:29,460 --> 00:35:32,970  
这时候有人看门，邪气就不容易来啊  
  
907  
00:35:34,770 --> 00:35:35,250  
之后呢  
  
908  
00:35:35,570 --> 00:35:35,850  
呃  
  
909  
00:35:36,820 --> 00:35:39,220  
这是说汗之病不愈者何也  
  
910  
00:35:39,220 --> 00:35:40,260  
就是为啥发汗了说  
  
911  
00:35:40,260 --> 00:35:41,420  
老师我我我也发汗了  
  
912  
00:35:41,420 --> 00:35:42,180  
我听你的了  
  
913  
00:35:42,820 --> 00:35:44,420  
但发汗之后他没好啊  
  
914  
00:35:45,500 --> 00:35:47,500  
你这卖那书是不是假书啊  
  
915  
00:35:47,860 --> 00:35:48,860  
那不是啊  
  
916  
00:35:48,940 --> 00:35:50,620  
是你读书没读全  
  
917  
00:35:52,510 --> 00:35:53,230  
底下说了啊  
  
918  
00:35:53,270 --> 00:35:54,990  
盖发其汗就是原因对吧  
  
919  
00:35:54,990 --> 00:35:57,850  
发汗原因，汗大出者大是什么意思  
  
920  
00:35:57,850 --> 00:35:58,730  
大者泰也吧  
  
921  
00:35:59,170 --> 00:36:00,010  
就太过了  
  
922  
00:36:00,010 --> 00:36:02,080  
太过了之后，但风气去  
  
923  
00:36:02,440 --> 00:36:02,640  
哎  
  
924  
00:36:02,840 --> 00:36:05,200  
固始汉初欲救邪风成功了啊  
  
925  
00:36:05,440 --> 00:36:06,280  
但是有一个问题  
  
926  
00:36:06,840 --> 00:36:10,300  
湿气在，为什么发汗太过之后则阳气不足  
  
927  
00:36:10,660 --> 00:36:11,460  
阳气不足呢  
  
928  
00:36:11,860 --> 00:36:14,900  
那么这个湿气呀，你不得气化  
  
929  
00:36:15,580 --> 00:36:18,340  
就好像你玩命把敌人都打跑了  
  
930  
00:36:18,340 --> 00:36:21,980  
打跑之后你自己没有保存实力，没人看门了  
  
931  
00:36:22,620 --> 00:36:26,900  
最后虾兵蟹将一帮这个小混混进来了啊  
  
932  
00:36:29,800 --> 00:36:30,840  
但风气去啊  
  
933  
00:36:31,240 --> 00:36:32,760  
湿气在，事故不欲也  
  
934  
00:36:33,800 --> 00:36:36,240  
若治风湿者，发其汗  
  
935  
00:36:37,700 --> 00:36:39,540  
但微微似欲出汗者  
  
936  
00:36:39,740 --> 00:36:40,460  
风湿俱虚  
  
937  
00:36:40,460 --> 00:36:42,300  
这告诉你一个度啊  
  
938  
00:36:42,300 --> 00:36:43,980  
就是什么度呢  
  
939  
00:36:44,300 --> 00:36:46,220  
就是能让它风湿俱虚呢  
  
940  
00:36:46,720 --> 00:36:49,560  
叫旦微微似欲出汗者  
  
941  
00:36:50,470 --> 00:36:54,990  
这个跟咱们之前讲的那个变身蛰蛰微似有汗一回事吧  
  
942  
00:36:55,390 --> 00:36:55,590  
啊  
  
943  
00:36:56,030 --> 00:36:56,790  
风湿俱去  
  
944  
00:36:57,190 --> 00:36:57,390  
呃  
  
945  
00:36:57,430 --> 00:37:01,750  
其实这个吧，在生活中是一个比较简单的一个一个常识  
  
946  
00:37:01,830 --> 00:37:02,470  
咱打个比方  
  
947  
00:37:02,470 --> 00:37:03,510  
就像你接水  
  
948  
00:37:04,160 --> 00:37:04,600  
你接水  
  
949  
00:37:04,600 --> 00:37:06,440  
我说我拿这杯子，我想把水接满  
  
950  
00:37:07,000 --> 00:37:07,680  
你水龙头  
  
951  
00:37:08,120 --> 00:37:09,480  
我往大了开，行不行  
  
952  
00:37:10,680 --> 00:37:11,440  
越大越好  
  
953  
00:37:12,250 --> 00:37:13,330  
你有可能接不满  
  
954  
00:37:14,020 --> 00:37:14,780  
那为啥呢  
  
955  
00:37:14,780 --> 00:37:15,740  
它是有道理的  
  
956  
00:37:15,740 --> 00:37:16,740  
什么东西过犹不及  
  
957  
00:37:17,260 --> 00:37:18,020  
就像说下雨  
  
958  
00:37:18,180 --> 00:37:19,220  
我们老百姓都知道  
  
959  
00:37:19,580 --> 00:37:20,540  
那么盼着下雨  
  
960  
00:37:20,540 --> 00:37:21,340  
盼着下雨，好了  
  
961  
00:37:21,620 --> 00:37:22,660  
终于下一场雨  
  
962  
00:37:23,830 --> 00:37:26,310  
跟这个末日大片似的啊  
  
963  
00:37:26,910 --> 00:37:28,150  
那农民该哭了  
  
964  
00:37:28,630 --> 00:37:29,910  
这雨他不养地  
  
965  
00:37:30,950 --> 00:37:32,190  
非得什么样的雨呢  
  
966  
00:37:32,550 --> 00:37:33,350  
绵绵不绝  
  
967  
00:37:33,750 --> 00:37:35,820  
小雨润物细无声  
  
968  
00:37:36,140 --> 00:37:38,700  
这个提示我们做事你有热情  
  
969  
00:37:39,020 --> 00:37:39,940  
你想干什么  
  
970  
00:37:40,260 --> 00:37:43,180  
你不要孤注一掷啊  
  
971  
00:37:43,740 --> 00:37:47,510  
你不妨和风细雨对吧  
  
972  
00:37:47,750 --> 00:37:48,390  
慢慢来  
  
973  
00:37:48,670 --> 00:37:49,630  
咱们啥东西呀  
  
974  
00:37:49,950 --> 00:37:51,510  
就像老子说的  
  
975  
00:37:51,630 --> 00:37:54,610  
反者道之用，弱者道之动  
  
976  
00:37:55,650 --> 00:37:59,970  
往往啊是柔胜，刚弱胜强啊  
  
977  
00:38:00,130 --> 00:38:01,680  
往往是这样，呃  
  
978  
00:38:01,800 --> 00:38:03,080  
强梁者不得其死  
  
979  
00:38:03,160 --> 00:38:04,800  
吾将以为学父啊  
  
980  
00:38:05,320 --> 00:38:06,520  
这是道德经说的  
  
981  
00:38:07,990 --> 00:38:08,190  
呃  
  
982  
00:38:08,510 --> 00:38:09,790  
那么这也是一个道理  
  
983  
00:38:09,790 --> 00:38:13,940  
所以你看伤寒论和金匮要略之中，论其思想  
  
984  
00:38:14,340 --> 00:38:16,020  
那么内难者也，对吧  
  
985  
00:38:16,300 --> 00:38:17,780  
但是你看他的道理呢  
  
986  
00:38:17,940 --> 00:38:19,140  
是合于自然的  
  
987  
00:38:19,260 --> 00:38:21,260  
合于自然，道法自然啊  
  
988  
00:38:22,200 --> 00:38:24,000  
那么道都是要跟自然去学习  
  
989  
00:38:24,200 --> 00:38:25,640  
那么我们为啥不学呢  
  
990  
00:38:25,880 --> 00:38:28,160  
所以有的时候一些同学问我说中医学不好  
  
991  
00:38:28,160 --> 00:38:30,460  
说为啥，我说俩事儿第一  
  
992  
00:38:30,780 --> 00:38:33,420  
一直你坐物理学学不好  
  
993  
00:38:33,740 --> 00:38:34,820  
你得多出去走一走  
  
994  
00:38:34,820 --> 00:38:35,700  
多看一看啊  
  
995  
00:38:35,820 --> 00:38:38,180  
品一品人间的这个酸甜苦辣  
  
996  
00:38:38,500 --> 00:38:40,180  
了解一下世态炎凉啊  
  
997  
00:38:40,400 --> 00:38:42,520  
这些东西都得懂一懂啊，有生活  
  
998  
00:38:42,640 --> 00:38:43,520  
就像我之前说的  
  
999  
00:38:43,520 --> 00:38:45,000  
老先生们为啥说到60  
  
1000  
00:38:45,000 --> 00:38:48,800  
才明白中医你过了一甲子60春秋啊  
  
1001  
00:38:49,300 --> 00:38:50,100  
那有些东西  
  
1002  
00:38:50,100 --> 00:38:52,380  
那那真的是才能得其全体全用  
  
1003  
00:38:52,740 --> 00:38:54,980  
才能知道个中的辛苦啊  
  
1004  
00:38:55,630 --> 00:38:56,590  
那么呃  
  
1005  
00:38:57,790 --> 00:39:01,190  
有的时候再有一个就是现在你你先不说这个事了啊  
  
1006  
00:39:01,700 --> 00:39:01,900  
呃  
  
1007  
00:39:01,940 --> 00:39:03,260  
就说一个眼巴前儿的事，儿  
  
1008  
00:39:03,780 --> 00:39:06,260  
很多人认为我就读书就能学成大一  
  
1009  
00:39:07,020 --> 00:39:07,740  
那是开玩笑  
  
1010  
00:39:08,060 --> 00:39:09,260  
你必须要实践啊  
  
1011  
00:39:10,300 --> 00:39:10,500  
啊  
  
1012  
00:39:10,500 --> 00:39:12,060  
很多学生说我摸不开啊  
  
1013  
00:39:12,060 --> 00:39:12,620  
给人摸脉  
  
1014  
00:39:12,660 --> 00:39:14,180  
人家说摸的不准我脸红  
  
1015  
00:39:14,820 --> 00:39:15,940  
那你就学不成医了  
  
1016  
00:39:16,020 --> 00:39:18,000  
学医得脸皮得厚是吧  
  
1017  
00:39:18,000 --> 00:39:19,680  
你得百折不挠啊  
  
1018  
00:39:19,680 --> 00:39:19,920  
哼  
  
1019  
00:39:20,200 --> 00:39:23,620  
你肝卷也也我，我就是上吧  
  
1020  
00:39:23,900 --> 00:39:25,860  
就这样你才能学成这个  
  
1021  
00:39:25,860 --> 00:39:27,420  
虽然听起来很残酷  
  
1022  
00:39:27,420 --> 00:39:29,020  
但它是正经道理  
  
1023  
00:39:29,360 --> 00:39:33,200  
你问我们这样，学生天天跟着我玩命出去啊  
  
1024  
00:39:33,200 --> 00:39:36,480  
有时候摸不好，那脸上那患者那挨呲儿是吧  
  
1025  
00:39:36,760 --> 00:39:37,480  
那你没办法  
  
1026  
00:39:37,480 --> 00:39:38,600  
你为了学这个是吧  
  
1027  
00:39:38,880 --> 00:39:41,000  
他最后锻炼的眼界也开了  
  
1028  
00:39:41,280 --> 00:39:42,520  
手头也硬了是吧  
  
1029  
00:39:42,520 --> 00:39:45,120  
这个时候慢慢手底下就有功夫了  
  
1030  
00:39:46,770 --> 00:39:49,930  
呃，后头这说施加病  
  
1031  
00:39:50,570 --> 00:39:54,530  
这这段是一个特别有那个趣味性的一个条文啊  
  
1032  
00:39:55,900 --> 00:39:56,100  
呃  
  
1033  
00:39:56,500 --> 00:39:59,020  
身疼发热，面黄而喘  
  
1034  
00:39:59,260 --> 00:40:00,940  
他这其实重点说的是啥事啊  
  
1035  
00:40:00,940 --> 00:40:04,340  
我直接单刀直入头痛  
  
1036  
00:40:04,420 --> 00:40:06,140  
你看脑袋疼，头一阳翘啊  
  
1037  
00:40:06,140 --> 00:40:07,580  
他说了一个特别关键的是  
  
1038  
00:40:07,580 --> 00:40:11,030  
这个在别的地方没有鼻塞是吧  
  
1039  
00:40:11,550 --> 00:40:12,510  
鼻塞啥意思  
  
1040  
00:40:12,510 --> 00:40:15,110  
就是我们东北特别常见鼻炎了嘛，对吧  
  
1041  
00:40:15,550 --> 00:40:18,230  
鼻塞而烦，气脉大  
  
1042  
00:40:18,870 --> 00:40:20,870  
呃大呢，指的是阳气  
  
1043  
00:40:21,960 --> 00:40:25,000  
就是大幅说邓华嘛，阳气阳亢之象啊  
  
1044  
00:40:25,720 --> 00:40:28,270  
自能饮食，腹中合无病  
  
1045  
00:40:28,750 --> 00:40:30,630  
讲的就是说别的事都没有啊  
  
1046  
00:40:31,110 --> 00:40:33,360  
别事都没有，核心是啥  
  
1047  
00:40:33,880 --> 00:40:35,040  
并在头中  
  
1048  
00:40:35,040 --> 00:40:37,360  
还是哎，这个太实用了  
  
1049  
00:40:38,100 --> 00:40:38,740  
太实用了  
  
1050  
00:40:38,740 --> 00:40:39,820  
你不说别人啊  
  
1051  
00:40:39,820 --> 00:40:40,820  
就说我自己个儿啊  
  
1052  
00:40:40,820 --> 00:40:42,920  
前段时间换季的时候，呃  
  
1053  
00:40:42,920 --> 00:40:46,440  
因为我吧这个我们讲叫知人者智，自知自知者明啊  
  
1054  
00:40:46,440 --> 00:40:47,400  
咱不敢那么讲  
  
1055  
00:40:47,400 --> 00:40:48,840  
但是我有点自知之明  
  
1056  
00:40:48,840 --> 00:40:49,600  
我这人吧  
  
1057  
00:40:50,240 --> 00:40:53,730  
先天的这个就是人，没有说实权  
  
1058  
00:40:54,410 --> 00:40:56,970  
都会有点说哪儿偏哪儿多哪儿少，对吧  
  
1059  
00:40:57,130 --> 00:40:58,850  
只是看你偏在哪儿少在哪  
  
1060  
00:41:00,000 --> 00:41:01,800  
你要是实权你就不在这了  
  
1061  
00:41:02,670 --> 00:41:04,190  
咱们都都是有所偏啊  
  
1062  
00:41:04,190 --> 00:41:05,390  
或者太过或者不及  
  
1063  
00:41:05,830 --> 00:41:07,270  
我是这没辙了啊  
  
1064  
00:41:07,270 --> 00:41:09,830  
这就是命，先天的这个呃  
  
1065  
00:41:10,190 --> 00:41:10,950  
肺金不足  
  
1066  
00:41:11,650 --> 00:41:12,650  
呃，又赶上了  
  
1067  
00:41:12,650 --> 00:41:13,490  
这没办法啊  
  
1068  
00:41:13,490 --> 00:41:15,450  
这个，我家是医学世家啊  
  
1069  
00:41:15,490 --> 00:41:16,650  
而且是西医世家  
  
1070  
00:41:16,970 --> 00:41:18,410  
我从小就感冒啊  
  
1071  
00:41:18,410 --> 00:41:19,290  
感冒之后怎么办  
  
1072  
00:41:19,330 --> 00:41:22,720  
就我家西西医条件还特别好  
  
1073  
00:41:22,880 --> 00:41:24,840  
从小没少了打针你看啊  
  
1074  
00:41:25,130 --> 00:41:29,610  
有鼻炎的人多数都是从小那个盐水挂多了  
  
1075  
00:41:29,650 --> 00:41:30,530  
吊瓶打的很多  
  
1076  
00:41:30,530 --> 00:41:32,290  
为什么太阳不能委外  
  
1077  
00:41:32,570 --> 00:41:34,990  
我们讲这个鼻鸣干呕  
  
1078  
00:41:35,110 --> 00:41:36,150  
桂枝汤主之，对吧  
  
1079  
00:41:36,150 --> 00:41:36,750  
阳气不通  
  
1080  
00:41:36,830 --> 00:41:38,350  
这就是我，我的命啊  
  
1081  
00:41:38,350 --> 00:41:39,670  
这是你人得认啊  
  
1082  
00:41:39,670 --> 00:41:40,070  
得认  
  
1083  
00:41:40,490 --> 00:41:40,690  
呃  
  
1084  
00:41:40,690 --> 00:41:41,210  
那咋办  
  
1085  
00:41:41,330 --> 00:41:41,970  
趋利避害  
  
1086  
00:41:42,010 --> 00:41:44,930  
我就每天反正朝九晚五练功夫，对吧  
  
1087  
00:41:44,930 --> 00:41:47,460  
但有的时候你也会有，有有症状啊  
  
1088  
00:41:47,460 --> 00:41:48,220  
这都好多了  
  
1089  
00:41:48,580 --> 00:41:49,060  
那天啊  
  
1090  
00:41:49,060 --> 00:41:51,580  
我到我这个弟弟啊，文博家啊  
  
1091  
00:41:51,580 --> 00:41:53,500  
他开医馆开的特别好啊  
  
1092  
00:41:54,320 --> 00:41:56,480  
做的特别好，到他医馆啊  
  
1093  
00:41:56,680 --> 00:41:57,440  
去坐一会儿  
  
1094  
00:41:57,520 --> 00:41:57,800  
他说  
  
1095  
00:41:57,800 --> 00:41:58,680  
哎说，哥  
  
1096  
00:41:58,680 --> 00:42:01,550  
我最近做了一个鼻烟啊  
  
1097  
00:42:01,550 --> 00:42:03,390  
我说你这鼻烟挺好啊  
  
1098  
00:42:03,550 --> 00:42:06,230  
我说这个过去不叫鼻烟，叫文耀啊  
  
1099  
00:42:06,230 --> 00:42:07,310  
这给你说说吧  
  
1100  
00:42:07,790 --> 00:42:08,550  
这叫文化  
  
1101  
00:42:08,910 --> 00:42:09,750  
这叫文化  
  
1102  
00:42:10,190 --> 00:42:10,950  
什么东西呢  
  
1103  
00:42:18,140 --> 00:42:20,620  
就是文的药，老北京它不叫鼻烟  
  
1104  
00:42:20,620 --> 00:42:21,660  
老北京都叫蚊药  
  
1105  
00:42:22,250 --> 00:42:23,570  
闻一闻为什么  
  
1106  
00:42:23,570 --> 00:42:24,370  
因为北京啊  
  
1107  
00:42:24,730 --> 00:42:28,570  
自古以来燕赵之地本身它也是比较冷  
  
1108  
00:42:29,050 --> 00:42:33,010  
后来政治原因从明代的时候，成祖朱棣开始  
  
1109  
00:42:33,130 --> 00:42:34,130  
天子守国门  
  
1110  
00:42:34,450 --> 00:42:35,370  
君王死社稷  
  
1111  
00:42:35,650 --> 00:42:39,440  
你就整个三省六部你就都都得啊  
  
1112  
00:42:39,840 --> 00:42:41,440  
这个这个在北京对吧  
  
1113  
00:42:41,720 --> 00:42:42,560  
那在北京的话  
  
1114  
00:42:42,720 --> 00:42:44,720  
尤其早上起来上朝，尤其冬天  
  
1115  
00:42:45,290 --> 00:42:47,450  
你想想他为啥要叫什么冬暖阁  
  
1116  
00:42:47,450 --> 00:42:48,450  
那不因为冷吗  
  
1117  
00:42:49,510 --> 00:42:50,710  
所以他他得热乎啊  
  
1118  
00:42:50,910 --> 00:42:52,230  
那那时候患鼻炎  
  
1119  
00:42:52,390 --> 00:42:52,950  
鼻炎者  
  
1120  
00:42:52,950 --> 00:42:54,230  
尤其那时候，烧煤对吧  
  
1121  
00:42:54,230 --> 00:42:54,830  
烧柴火  
  
1122  
00:42:55,120 --> 00:42:56,800  
呃，我虽然没在那时候  
  
1123  
00:42:56,800 --> 00:42:59,460  
但我估计那时候可能也会有雾霾啊  
  
1124  
00:42:59,460 --> 00:43:01,820  
就是1~1到冬天的取暖的时候  
  
1125  
00:43:01,980 --> 00:43:03,940  
那肯定是鼻子，它会难受啊  
  
1126  
00:43:04,140 --> 00:43:05,940  
所以鼻炎就大行其道  
  
1127  
00:43:06,420 --> 00:43:07,700  
呃，文博做那个呢  
  
1128  
00:43:07,740 --> 00:43:10,660  
那么但是要比那个早得多是千金的房子吧  
  
1129  
00:43:11,150 --> 00:43:11,350  
哎  
  
1130  
00:43:11,430 --> 00:43:12,830  
千金里的房子啊  
  
1131  
00:43:12,830 --> 00:43:15,550  
而且他呢，就是为了调和一下  
  
1132  
00:43:15,550 --> 00:43:17,710  
就调和他的那个刚燥之性  
  
1133  
00:43:17,990 --> 00:43:19,070  
它往里加了麝香  
  
1134  
00:43:19,910 --> 00:43:21,070  
哎呦，我闻了一下  
  
1135  
00:43:21,070 --> 00:43:21,670  
太好了  
  
1136  
00:43:21,670 --> 00:43:23,070  
他那边做的太好了  
  
1137  
00:43:23,310 --> 00:43:24,710  
那个卖卖多少钱来着  
  
1138  
00:43:24,710 --> 00:43:25,350  
100吧  
  
1139  
00:43:26,180 --> 00:43:29,380  
没有那个80块钱，80块钱太便宜了  
  
1140  
00:43:29,380 --> 00:43:31,860  
我觉得80块钱一大瓶的吧  
  
1141  
00:43:32,580 --> 00:43:34,120  
小小瓶，呃呃呃  
  
1142  
00:43:34,280 --> 00:43:35,240  
你可别说小瓶  
  
1143  
00:43:35,240 --> 00:43:38,120  
因为鼻烟我闻过得有那么一鼻烟壶了吧  
  
1144  
00:43:38,520 --> 00:43:39,360  
老实说，呃  
  
1145  
00:43:39,760 --> 00:43:42,310  
这么大，比一边弧差不多  
  
1146  
00:43:43,390 --> 00:43:43,590  
呃  
  
1147  
00:43:43,710 --> 00:43:45,920  
小边弧那么大，那也不少了  
  
1148  
00:43:45,920 --> 00:43:47,520  
那够你用老长时间了啊  
  
1149  
00:43:47,920 --> 00:43:50,080  
一般的鼻炎效果那就非常好啊  
  
1150  
00:43:50,080 --> 00:43:50,800  
我用了一次  
  
1151  
00:43:50,800 --> 00:43:53,840  
哎呀，感觉非常那个身心通泰啊  
  
1152  
00:43:53,880 --> 00:43:54,360  
特别好  
  
1153  
00:43:55,120 --> 00:43:57,960  
呃，其实我们中医啊就有这个好处  
  
1154  
00:43:57,960 --> 00:44:00,840  
如果你是自己开医馆或者做诊所  
  
1155  
00:44:01,200 --> 00:44:02,080  
你有一个便利  
  
1156  
00:44:02,320 --> 00:44:04,360  
我们中医讲理法方，药丸散膏丹  
  
1157  
00:44:04,600 --> 00:44:07,840  
有些东西在三甲医院你是不太容易实现的  
  
1158  
00:44:08,230 --> 00:44:10,150  
你像我们医院，我说句老实话  
  
1159  
00:44:10,150 --> 00:44:11,550  
我离开我们医院，我开不了药  
  
1160  
00:44:11,910 --> 00:44:12,310  
为啥  
  
1161  
00:44:13,310 --> 00:44:13,590  
呃  
  
1162  
00:44:14,720 --> 00:44:15,400  
非常简单  
  
1163  
00:44:15,520 --> 00:44:18,480  
你你你就说那个，我每天用这些药  
  
1164  
00:44:18,960 --> 00:44:22,110  
巴豆大吉干碎马前子就这些  
  
1165  
00:44:22,110 --> 00:44:24,750  
你且不要说什么各种道地药啊  
  
1166  
00:44:24,750 --> 00:44:25,630  
包括一些违镜  
  
1167  
00:44:25,710 --> 00:44:27,510  
我们门诊真是用的尾镜  
  
1168  
00:44:27,710 --> 00:44:28,630  
不是用的炉根  
  
1169  
00:44:29,150 --> 00:44:32,270  
就说这种，我离开医院开不了药了  
  
1170  
00:44:33,250 --> 00:44:34,090  
就非常简单  
  
1171  
00:44:34,690 --> 00:44:35,810  
呃，但是呢  
  
1172  
00:44:35,810 --> 00:44:38,490  
有一些东西我们想做也不容易啊  
  
1173  
00:44:38,490 --> 00:44:42,110  
那你那你你得跟医院，你得怎么协调啊  
  
1174  
00:44:42,110 --> 00:44:42,670  
怎么运作  
  
1175  
00:44:42,670 --> 00:44:44,590  
包括你在做的时候，他如如法不如法  
  
1176  
00:44:44,830 --> 00:44:47,030  
但你自己做诊所有，包括开门诊  
  
1177  
00:44:47,110 --> 00:44:48,190  
有些东西好实现  
  
1178  
00:44:48,420 --> 00:44:50,380  
我到他那儿，我特别愿意去啊  
  
1179  
00:44:50,380 --> 00:44:51,820  
没事就去坐那儿喝会儿茶  
  
1180  
00:44:52,330 --> 00:44:53,130  
呃一坐  
  
1181  
00:44:53,130 --> 00:44:55,050  
你看他没事就摆着一堆啊说，哥  
  
1182  
00:44:55,050 --> 00:44:57,890  
我最近又研究这个方子特别好啊  
  
1183  
00:44:57,970 --> 00:44:58,770  
自得其乐  
  
1184  
00:44:59,160 --> 00:44:59,360  
呃  
  
1185  
00:44:59,360 --> 00:45:00,120  
我跟他也讲  
  
1186  
00:45:00,120 --> 00:45:01,240  
我说过去中医啊  
  
1187  
00:45:01,240 --> 00:45:01,960  
讲究一个事，儿  
  
1188  
00:45:01,960 --> 00:45:03,960  
你开诊所，包括开门诊  
  
1189  
00:45:04,170 --> 00:45:06,970  
你想一个一个号脉去赚钱，这个是不对的  
  
1190  
00:45:07,210 --> 00:45:08,170  
为什么这么讲呢  
  
1191  
00:45:08,410 --> 00:45:10,330  
那你看我在这子喊严厉啊  
  
1192  
00:45:10,330 --> 00:45:12,090  
但我今天讲一讲这个事行吗  
  
1193  
00:45:12,660 --> 00:45:13,340  
就我们讲啊  
  
1194  
00:45:13,700 --> 00:45:15,920  
生存之道，你不要不谈  
  
1195  
00:45:16,120 --> 00:45:16,840  
君子爱财  
  
1196  
00:45:16,840 --> 00:45:17,760  
但是取之有道  
  
1197  
00:45:18,160 --> 00:45:21,840  
过去讲方卖这个东西是普度众生的事  
  
1198  
00:45:22,940 --> 00:45:24,300  
这是普度众生的事  
  
1199  
00:45:24,700 --> 00:45:26,380  
啥样人都得让他看上病  
  
1200  
00:45:27,660 --> 00:45:28,340  
但是呢  
  
1201  
00:45:29,350 --> 00:45:30,270  
赚钱靠什么  
  
1202  
00:45:30,270 --> 00:45:33,070  
不靠贩卖赚钱，靠成药  
  
1203  
00:45:33,990 --> 00:45:34,550  
靠成药  
  
1204  
00:45:35,190 --> 00:45:37,870  
呃，我门诊前段时间有一老太太啊  
  
1205  
00:45:37,870 --> 00:45:40,270  
我印象特别深腹部啊  
  
1206  
00:45:40,350 --> 00:45:41,990  
长了个肿瘤，应该是恶性的啊  
  
1207  
00:45:42,470 --> 00:45:44,390  
它不到一个月就长得非常大  
  
1208  
00:45:44,390 --> 00:45:45,430  
用手就能摸得着  
  
1209  
00:45:45,850 --> 00:45:46,050  
呃  
  
1210  
00:45:46,130 --> 00:45:47,970  
辽宁的到我这来呢  
  
1211  
00:45:47,970 --> 00:45:48,810  
我给开了一周药  
  
1212  
00:45:49,290 --> 00:45:50,410  
我说你这个病啊  
  
1213  
00:45:50,410 --> 00:45:51,410  
你下周必须得来  
  
1214  
00:45:51,410 --> 00:45:53,210  
因为我这门诊尤其恶性肿瘤患者  
  
1215  
00:45:53,210 --> 00:45:55,920  
第一周，我就告诉他  
  
1216  
00:45:55,920 --> 00:45:57,160  
我说你你都得复诊  
  
1217  
00:45:57,360 --> 00:45:57,760  
他说，大夫  
  
1218  
00:45:57,760 --> 00:45:58,200  
不好意思  
  
1219  
00:45:58,200 --> 00:45:59,360  
我下周不一定能来  
  
1220  
00:45:59,760 --> 00:46:00,560  
我说，为啥呀  
  
1221  
00:46:01,160 --> 00:46:02,360  
我说挂号这事吧  
  
1222  
00:46:03,260 --> 00:46:04,860  
呃，以下省略多少字啊  
  
1223  
00:46:05,100 --> 00:46:07,420  
之后我说，但是你为了你这命啊  
  
1224  
00:46:07,420 --> 00:46:08,140  
你必须得来  
  
1225  
00:46:09,050 --> 00:46:10,290  
他说不是别的事  
  
1226  
00:46:10,290 --> 00:46:11,450  
儿说我呀  
  
1227  
00:46:11,490 --> 00:46:13,610  
得把钱攒够了我才能来  
  
1228  
00:46:14,070 --> 00:46:16,830  
我后来才知道，他这次来都是好几个  
  
1229  
00:46:16,910 --> 00:46:17,750  
他是信佛的  
  
1230  
00:46:18,030 --> 00:46:20,030  
有几个佛友给他凑的钱，他来的  
  
1231  
00:46:20,970 --> 00:46:22,130  
我说那不成啊  
  
1232  
00:46:22,570 --> 00:46:23,210  
我说这么办  
  
1233  
00:46:23,250 --> 00:46:24,690  
我啪就把方扯了  
  
1234  
00:46:25,960 --> 00:46:27,640  
我给他开了三种中成药  
  
1235  
00:46:28,160 --> 00:46:28,440  
对吧  
  
1236  
00:46:28,440 --> 00:46:29,400  
我学生他们都看见了  
  
1237  
00:46:29,400 --> 00:46:31,800  
早中晚各一种，回吃去吧  
  
1238  
00:46:32,320 --> 00:46:33,120  
哪都能买到  
  
1239  
00:46:33,120 --> 00:46:33,880  
非常便宜  
  
1240  
00:46:35,770 --> 00:46:37,850  
过了有没有一个月啊  
  
1241  
00:46:38,130 --> 00:46:39,530  
还是两个月，一个月得有吧  
  
1242  
00:46:40,090 --> 00:46:43,800  
再来我说你怎么样，明显变小了  
  
1243  
00:46:44,600 --> 00:46:46,200  
我说有没有一半，他说差不多  
  
1244  
00:46:48,190 --> 00:46:48,710  
非常快  
  
1245  
00:46:48,990 --> 00:46:50,540  
这叫什么我  
  
1246  
00:46:50,540 --> 00:46:51,500  
我不敢说呀  
  
1247  
00:46:51,980 --> 00:46:53,980  
中医过去我只说行话  
  
1248  
00:46:53,980 --> 00:46:57,700  
老话讲叫富人花钱，穷人看病  
  
1249  
00:46:58,510 --> 00:46:59,870  
这个呢，是我们中医啊  
  
1250  
00:47:00,310 --> 00:47:01,550  
自古以来，我我我我  
  
1251  
00:47:01,550 --> 00:47:04,750  
不是说那个什么过去的那个道德标准还是怎么样  
  
1252  
00:47:04,960 --> 00:47:06,720  
我们只是我们只是来描述一下  
  
1253  
00:47:06,800 --> 00:47:08,800  
旧社会就不能这么讲  
  
1254  
00:47:08,920 --> 00:47:10,360  
就是过去的时候啊  
  
1255  
00:47:10,840 --> 00:47:11,840  
那个礼教时代  
  
1256  
00:47:12,120 --> 00:47:15,280  
它一些社会的，它不一定所有东西都是不好的  
  
1257  
00:47:15,280 --> 00:47:15,560  
对吧  
  
1258  
00:47:15,800 --> 00:47:17,280  
他一些社会上的一些标准  
  
1259  
00:47:17,600 --> 00:47:19,040  
讲究一个人性化的东西  
  
1260  
00:47:19,040 --> 00:47:19,960  
就是这个整个社会  
  
1261  
00:47:19,960 --> 00:47:23,010  
我们中医也是在调和阴阳的时候  
  
1262  
00:47:23,010 --> 00:47:25,250  
我们也是在调和社会的一个因素  
  
1263  
00:47:26,190 --> 00:47:29,630  
所以我们今天张口闭口谈钱，这个是不对的  
  
1264  
00:47:29,990 --> 00:47:30,670  
对谁不好  
  
1265  
00:47:30,670 --> 00:47:31,710  
对我们自己不好  
  
1266  
00:47:32,430 --> 00:47:34,510  
我们中医，你不光是一个医生  
  
1267  
00:47:35,080 --> 00:47:38,480  
你自己也是一个在求索于医道自然之道  
  
1268  
00:47:38,760 --> 00:47:43,120  
求索于天地真理的中间的一个一个求道的人  
  
1269  
00:47:43,960 --> 00:47:45,120  
那么这个过程之中  
  
1270  
00:47:45,240 --> 00:47:46,600  
你必然也要做很多事  
  
1271  
00:47:46,600 --> 00:47:48,120  
比如说平衡这些东西  
  
1272  
00:47:48,280 --> 00:47:51,000  
那有的人你看他真的看不起病他要死  
  
1273  
00:47:51,780 --> 00:47:52,780  
咱们也得想招儿吧  
  
1274  
00:47:53,260 --> 00:47:54,860  
你也不能让他因病而致贫  
  
1275  
00:47:55,770 --> 00:47:58,010  
但是呢，你即使看人家是深商巨贾  
  
1276  
00:47:58,010 --> 00:48:00,570  
有钱咱也不要想着巧取豪夺  
  
1277  
00:48:00,610 --> 00:48:03,290  
只是按照我们的行规，正常的  
  
1278  
00:48:04,390 --> 00:48:05,310  
来来来开药  
  
1279  
00:48:05,310 --> 00:48:07,710  
但是你说你，你都上市了  
  
1280  
00:48:08,030 --> 00:48:08,630  
老板了  
  
1281  
00:48:08,630 --> 00:48:10,550  
然后我还给你用三种中成药  
  
1282  
00:48:11,140 --> 00:48:13,900  
那这事我们中医也得活着呀  
  
1283  
00:48:13,900 --> 00:48:15,060  
咱说这道理是吧  
  
1284  
00:48:15,380 --> 00:48:18,180  
咱们什么东西都都都都得讲一个自然啊  
  
1285  
00:48:18,180 --> 00:48:19,900  
都得讲一个自然呃  
  
1286  
00:48:21,480 --> 00:48:22,280  
就说这个事  
  
1287  
00:48:22,400 --> 00:48:24,600  
所以成药这个东西咱们好好研究研究  
  
1288  
00:48:24,600 --> 00:48:25,680  
这个东西，我们过去讲  
  
1289  
00:48:25,920 --> 00:48:26,720  
叫呃  
  
1290  
00:48:26,840 --> 00:48:27,440  
穷人看病  
  
1291  
00:48:27,440 --> 00:48:28,040  
富人花钱  
  
1292  
00:48:28,080 --> 00:48:31,250  
与此同时还有一事就是济世救人  
  
1293  
00:48:31,250 --> 00:48:32,690  
悬壶济世，你用的是方脉  
  
1294  
00:48:33,170 --> 00:48:34,490  
但是赚钱用的是成药  
  
1295  
00:48:34,490 --> 00:48:35,810  
为啥我跟文博，我就说啊  
  
1296  
00:48:35,810 --> 00:48:38,310  
我说你，他是特别有这个壮志  
  
1297  
00:48:38,310 --> 00:48:40,990  
他想他想是一个作为济世救人的大夫  
  
1298  
00:48:40,990 --> 00:48:41,470  
但是吧  
  
1299  
00:48:41,830 --> 00:48:42,310  
我跟他说  
  
1300  
00:48:42,310 --> 00:48:43,510  
我说你必须想想  
  
1301  
00:48:43,510 --> 00:48:44,830  
因为你养活一帮人呢  
  
1302  
00:48:45,250 --> 00:48:45,890  
你不像我  
  
1303  
00:48:45,890 --> 00:48:48,930  
我是门诊出，一天一个人吃饱全家不饿  
  
1304  
00:48:48,930 --> 00:48:49,250  
对吧  
  
1305  
00:48:49,250 --> 00:48:51,870  
就这种，你得养活一帮人啊  
  
1306  
00:48:51,990 --> 00:48:54,460  
整个门诊都跟着你啊  
  
1307  
00:48:54,580 --> 00:48:55,500  
之后还都冲你  
  
1308  
00:48:55,500 --> 00:48:57,140  
程大夫说，就看你  
  
1309  
00:48:57,660 --> 00:48:58,780  
那这时候你咋办啊  
  
1310  
00:48:59,140 --> 00:48:59,620  
对吧  
  
1311  
00:49:00,420 --> 00:49:01,980  
我说你就得发明点什么东西  
  
1312  
00:49:01,980 --> 00:49:03,700  
比如做点，就这膏药好使  
  
1313  
00:49:04,140 --> 00:49:06,340  
最后，你不要讲什么多高深的理论啊  
  
1314  
00:49:06,340 --> 00:49:10,110  
这叫大道四不孝啊  
  
1315  
00:49:10,430 --> 00:49:12,590  
大道就近乎于平常，讲什么道理  
  
1316  
00:49:12,910 --> 00:49:16,430  
最后你啥样是你的道行够了，你的医术高了  
  
1317  
00:49:17,830 --> 00:49:22,840  
十字路口卖地瓜的老太太都知道  
  
1318  
00:49:23,280 --> 00:49:26,080  
腿疼得上你这买这个大黑膏药就不知道叫啥  
  
1319  
00:49:26,080 --> 00:49:27,360  
名贴上就好  
  
1320  
00:49:27,560 --> 00:49:28,320  
你成功了  
  
1321  
00:49:29,280 --> 00:49:33,040  
你既赚了钱，你还责备大众济世救人  
  
1322  
00:49:33,400 --> 00:49:34,080  
所以我们啊  
  
1323  
00:49:34,080 --> 00:49:36,080  
不要张口闭口都想当张仲景  
  
1324  
00:49:36,080 --> 00:49:37,400  
我说一句得罪人的话  
  
1325  
00:49:37,710 --> 00:49:39,950  
今天经方热是好事，也是坏事  
  
1326  
00:49:40,230 --> 00:49:42,270  
有的时候让我们呀，能够精进  
  
1327  
00:49:42,510 --> 00:49:45,630  
但有的时候也让我们心浮气躁啊  
  
1328  
00:49:46,280 --> 00:49:49,200  
心浮气躁，就总想说当张仲景不要那样  
  
1329  
00:49:49,520 --> 00:49:53,160  
你要明白自古以来为什么医圣啊  
  
1330  
00:49:53,160 --> 00:49:55,160  
我们讲叫是医圣  
  
1331  
00:49:55,640 --> 00:49:58,400  
从清以后仲景先师丰盛，对吧  
  
1332  
00:49:58,840 --> 00:50:01,480  
但是你进药王庙中间供的都是孙真人  
  
1333  
00:50:02,320 --> 00:50:03,000  
为啥呀  
  
1334  
00:50:04,030 --> 00:50:05,390  
医生让我们会开方  
  
1335  
00:50:06,810 --> 00:50:08,010  
但是最后药王啊  
  
1336  
00:50:08,410 --> 00:50:11,370  
济世救人，又养活了我们整个行业的人  
  
1337  
00:50:12,370 --> 00:50:13,170  
他有德呀  
  
1338  
00:50:13,730 --> 00:50:15,490  
同时让很多看不起病的人  
  
1339  
00:50:15,810 --> 00:50:17,490  
他用这个大膏药，他就能看起病  
  
1340  
00:50:17,490 --> 00:50:18,730  
那不不贵啊，对吧  
  
1341  
00:50:18,890 --> 00:50:20,130  
多少钱不是你定的吗  
  
1342  
00:50:20,610 --> 00:50:21,810  
可能成本就十块  
  
1343  
00:50:23,380 --> 00:50:27,140  
你要卖上市公司，你老板你可能卖一个价对吧  
  
1344  
00:50:27,140 --> 00:50:28,820  
包装一下或者加点麝香  
  
1345  
00:50:29,180 --> 00:50:30,140  
但是这道理啊  
  
1346  
00:50:30,340 --> 00:50:31,820  
加点麝香它可能就贵了啊  
  
1347  
00:50:32,020 --> 00:50:35,060  
但我兄弟他他他他不会做生意加涉嫌王还卖80  
  
1348  
00:50:35,180 --> 00:50:37,700  
你说这个道理啊  
  
1349  
00:50:38,840 --> 00:50:43,200  
我都担心他再做他就干不下去了，就说这事啊  
  
1350  
00:50:44,180 --> 00:50:45,220  
反正他是玩啊  
  
1351  
00:50:45,500 --> 00:50:47,900  
好，我们这堂课先讲到这啊  
  
1352  
00:50:47,900 --> 00:50:48,660  
就说这个事  
  
1353  
00:50:48,980 --> 00:50:49,180  
呃  
  
1354  
00:50:49,380 --> 00:50:52,110  
鼻塞啊，叫钠药  
  
1355  
00:50:52,350 --> 00:50:54,150  
鼻中则遇纳的是什么药呢  
  
1356  
00:50:54,390 --> 00:50:56,870  
你们下课跟文博去交流交流啊  
  
1357  
00:50:57,150 --> 00:50:59,350  
这个在千金里头有方子啊  
  
1358  
00:50:59,630 --> 00:51:01,190  
好，这堂课先下课啊